

# NCNP

## National Conference for Nurse Practitioners

*The Conference for Primary and Acute Care Clinicians*

Hyatt Regency Chicago, Chicago, IL  
May 19-22, 2010

## Attendee Brochure

[www.ncnpconference.com](http://www.ncnpconference.com)



Wolters Kluwer  
Health

Lippincott  
Williams & Wilkins

# NCNP

National Conference  
for Nurse Practitioners

*The Conference for Primary and Acute Care Clinicians*

May 19-22, 2010 • Hyatt Regency Chicago, Chicago, IL

## Dear Colleague,

I'm delighted to announce the National Conference for Nurse Practitioners: The Conference for Primary and Acute Care Clinicians, May 19-22, 2010 at the Hyatt Regency Chicago in Chicago, Illinois. Sponsored by Wolters Kluwer Health/Lippincott Williams & Wilkins, publisher of *The Nurse Practitioner* journal, the conference offers you educational sessions that will renew the practical and critical thinking skills you need to improve the overall quality of patient care.

The planning committee, charged by some of the top clinical experts in healthcare today, has worked energetically to create a program specifically for you. Our top-rated speakers, experts in their respective fields, will bring you topics with a broad array of appeal to those who practice in either the primary or acute care setting. Topics include drug updates, pharmacogenetics, heart failure, skin cancer, electronic medical records, coding and billing, diagnosis and management of pneumonias, diabetes, women's health, lab values, and more.

You'll also earn significant nursing CE credit as well as pharmacology credit. Note the "Max Rx Track" in every timeslot—it's specifically designed to enable you to earn substantial pharmacology credit.

Be sure to register early for the hands-on workshops that are incorporated throughout the program—a big reason why many of you choose this conference over the many others available to you. Workshops are two-part courses; register for part one and you're automatically registered for both sections. Sessions are limited based on appropriate student/teacher ratios, so register early!

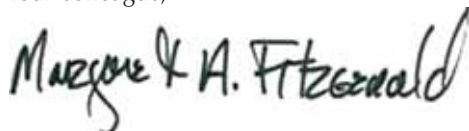
More bang for you buck! Your registration gives you access to every session after your "live" conference experience ends via the e-conference center. You'll have online access to session materials before the conference begins as well as the audio portion shortly after the event concludes. After the live event, you can access virtual sessions and earn additional credit.

Please take the time to read on to see the outstanding program offerings. And please consider sharing your expertise by participating in our poster session. We're looking for posters that highlight innovations in clinical practice that others can take back to their work settings (see the next page for more information on poster presentations or go to [ncnpconference.com](http://ncnpconference.com)).

And don't forget that you'll be at the lovely Hyatt Regency Chicago, located right off Chicago's famous Magnificent Mile! You'll enjoy shopping, eating, and cultural attractions — and all within minutes from beautiful Lake Michigan.

See you at the conference!

Your colleague,



**Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP**

*Conference Chairperson*

*President, Fitzgerald Health Education Associates, Inc.*

*North Andover, MA*

*Family Nurse Practitioner, Adjunct Faculty, Family Practice Residency*

*FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center*

*Family Practice Residency Program*

# NCNP

## National Conference for Nurse Practitioners

The Conference for Primary and Acute Care Clinicians

### Continuing Education Provider Information

#### Program Goals and Objectives

The purpose of the National Conference for Nurse Practitioners is to offer interactive tutorials, presentations, and practical workshops that promote clinical excellence and improve the quality of care that health care practitioners provide. By attending this conference and participating in the educational sessions, you'll be able to:

- Consult with experts in primary and acute care as well as clinical subspecialties.
- Discuss issues related to family, adult, pediatric, geriatric, women's health, legal, mental health, and acute care practice specialties.
- Develop your assessment and clinical management skills in hands-on and skill-building workshops.
- Evaluate current and new treatment methods and pharmacologic therapies.
- Identify issues that affect advanced practice, including reimbursement, malpractice, clinical practice guidelines, and using the latest technologies in the industry.
- Increase advanced practice clinicians' skill set in order to provide expanded services, improve billing, and reimbursement.

#### Provider Accreditation

Lippincott Williams & Wilkins (LWW), publisher of *The Nurse Practitioner* journal, will award a maximum of 22 contact hours for this continuing nursing education activity.

Lippincott Williams & Wilkins is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is also provider approved by the California Board of Registered Nursing, Provider Number CEP 11749 for 22 contact hours. LWW is also an approved provider by the District of Columbia and Florida #FBN2454. Your certificate is valid in all states.

#### Pharmacology Credit

There are many sessions with significant pharmacology content, and up to 18 contact hours can be applied to advanced pharmacology requirements.

Any commercial product presented or displayed within the educational activity is not indicative of endorsement or approval by the American Nurses Credentialing Center's Commission on Accreditation or by Lippincott Williams & Wilkins.

### Call for Posters

#### Subject Matter

Poster submissions should contain subject matter of interest to both primary care and acute care practitioners in all specialty areas and practice settings. Topics can include, but are not limited to clinical care, technology, documentation strategies, medication administration, team development, patient and family education programs, family interventions, legal/ethical issues, and more.

#### General Poster Proposal Information/Guidelines

Poster abstracts must be submitted online. To submit a poster, please visit the conference website at [www.ncnpconference.com](http://www.ncnpconference.com) and click Submit a Poster Abstract.

#### Deadline

March 31, 2010.

#### Notification

The Poster Review Committee will evaluate all poster submissions. You'll receive notification of acceptance or rejection via e-mail on or before April 14, 2010.

For posters to be accepted, they must comply with ANCC Standards of Commercial Support and Advertising. Product logos should not be used and generic drug/product names are preferred.

### Nominate Your Colleague for NP of the Year!

The 2010 NP of the Year award honors excellence in clinical expertise, leadership, community service, and education. The winner will be announced in the May 2010 issue of *The Nurse Practitioner* and honored at the NCNP opening ceremonies in Chicago, May 19-22, 2010. The winner will also receive a complimentary full conference registration to this year's program.

#### Who is eligible?

Eligible nominees include NPs who have made significant contributions to the NP field in at least two of the categories listed below:

- Directed, provided and/or developed practice or policy that affected a large number of people/special population
- Uniqueness and innovation
- Advanced the NP profession
- Contributed to new knowledge or practice
- Gained the attention of local or national leaders (leaders can be nursing, community, political, etc.)
- Had a substantial and positive impact on public health or health of a special community or patient group

#### How do I nominate someone?

Nominations should be made in writing and include a letter explaining how the candidate met the award criteria, and any pertinent data, tools, teaching displays, pictures, or other material to support the nomination letter. Letters and supporting materials should be mailed to:

Lippincott Williams & Wilkins, Conference Dept., 323 Norristown Rd. #200, Ambler, PA 19002.

**Deadline for submissions: March 31, 2010.**

For more information, contact [Jessica.Clark@wolterskluwer.com](mailto:Jessica.Clark@wolterskluwer.com).



## Wednesday, May 19, 2010

**Concurrent Sessions: 12:30 pm - 2:00 pm**

### **101 Max Rx Track: Pharmacogenetics: Why Don't All Patients Handle Drugs the Same Way?**

*Alan P. Agins, PhD*

*Adjunct Associate Professor, Brown Medical School  
President, PRN Associates, Ltd, Tucson, AZ*

The Declaration of Independence states that we are all created equal. However, in the world of pharmacology and therapeutics, there are many instances in which we are not. In this seminar, we'll discuss *Pharmacogenetics*, the study of how genetic variability between individual patients or populations can give rise to differences in pharmacokinetic or pharmacodynamic parameters that ultimately can change the potential for efficacy or toxicity from drugs.

### **102 Dyslipidemia Update and Responses to NCEP-ATP VI**

*Joyce L. Ross, MSN, CRNP/CS, FNLA*

*Diplomate, Accreditation Council for Clinical Lipidology  
Penn Medicine, Hospital of the University of Pennsylvania  
Perelman Center for Advanced Medicine, Philadelphia, PA*

This course will reflect on changes to treatment guidelines for cardiovascular risk assessment and treatment. We'll discuss the newest recommendations and their potential impact on patient care. A case study format will be utilized to reinforce learning.

### **103 Skin Cancer/Melanoma Update: Identify Current Treatments**

*Victor Czerkasij, MA, MS, FNP-BC*

*Associate Lecturer, FHEA, Inc., North Andover, MA  
Certified Histotechnologist, Skin Cancer and Cosmetic Dermatology, PC  
Adult and Pediatric Dermatology, Cleveland, TN and Dalton, GA*

Melanoma continues to wreak devastation across age, gender, and cultural lines. It is increasing more rapidly in men than any other malignancy; in women, it continues to be a major killer before age 30 and second only to lung cancer in number of cases; it also continues to grow rapidly among younger patients in relation to other malignancies. A refresher on the

basic skin cancers, the prevention of triggers, identification, biopsy options, treatment strategies, and latest developments are the focus of this presentation.

### **104 Man vs. Microbe: Evidence-Based Management of Drug-Resistant Infections in the Inpatient Setting**

*Lynn A. Kelso, MSN, RN, ACNP-BC, FCCM, FAANP*

*Assistant Professor, University of Kentucky, College of Nursing  
Lexington, KY*

This session will look at the development of multidrug-resistant organisms (MDROs). We'll review how MDROs affect the care that we provide patients, how to treat them, and how to prevent them. While this has always been a challenge within the acute care setting, MDROs are becoming more common in the primary care setting. As such, this session will also be of interest to anyone who cares for patients with infections.

### **105 Workshop: Basic Suturing Part 1**

*Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC*

*Senior Lecturer, FHEA, Inc., North Andover, MA  
Board Certified Acute Care, Family Practice, Adult NP  
Grace Cottage Family Practice, Townsend, VT*

*Linda S. Blasen, MS, ACNP-BC, FNP-BC*

*Associate Lecturer, FHEA, Inc., North Andover, MA  
Clinical Practice, Emergency Physician Specialist, Doctors Hospital,  
Sarasota, FL*

Proper suturing technique is essential for obtaining optimal cosmetic results and avoiding infection, scarring, and poor healing. The fundamentals of wound care will be presented including wound assessment, anesthesia, cleansing, antibiotic prophylaxis, referral guidelines, and principles of suturing. Upon completion of this class, the participant will be able to perform a simple interrupted suture and vertical mattress suture. If you register for this session, you are automatically registered for session 115. Session limited to 60 participants.

### **106 Workshop: Orthopedic Splinting: When and How to Do It Part 1**

*Clifford F. Ashley, BS, LATC*

*Associate Lecturer, FHEA, Inc., North Andover, MA  
Exercise Testing Lab, Beth Israel Deaconess Medical Center, Boston, MA*

*Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA*

*Senior Lecturer, FHEA, Inc., North Andover, MA  
Certified Registered Nurse Anesthetist, Catholic Medical Center  
Manchester, NH*

*Certified Family Nurse Practitioner, MWV Health Care  
North Conway, NH*

This workshop will help the participant identify indications that require splinting, understand common splinting techniques and precautions, become familiar with various splinting materials, and will provide hands-on experience applying some frequently used splints for the upper and lower extremities. If you register for this session, you are automatically registered for session 116. Session limited to 50 participants.

# Program Schedule

## Concurrent Sessions: 2:30 pm - 4:00 pm

### 111 Max Rx Track: It Can Happen to Anyone... Prescription Drug Misuse, Abuse, and Addiction

Alan P. Agins, PhD

Adjunct Associate Professor, Brown Medical School  
President, PRN Associates, Ltd, Tucson, AZ

In this presentation we'll examine a number of aspects related to prescription drug abuse and addiction. We'll discuss the neurobiological circuits involved and the central role that dopamine plays in the transition from "drug use" to "drug abuse" to "drug addiction." We'll also examine the populations most at risk and some ideas for prevention.

### 112 Caring for Patients with IBS, Diarrhea, and Chronic Constipation

Bruce D. Askey, MS, ANP-BC

Associate Lecturer, FHEA, Inc., North Andover, MA  
Certified Adult NP, Department of Gastroenterology and Hepatology  
Guthrie Clinic, Sayre, PA

IBS is one of the most common reasons for presentation to the primary care provider's office. This course will help the clinician differentiate between IBS and other pathologic conditions. Pathophysiology and management of IBS, including constipation and diarrhea will be stressed.

### 113 Best Practices in Treating COPD

Carol Bompart, EdD, APRN,BC

Assistant Professor, Tennessee State University, School of Nursing  
Nashville, TN

Ethel Robertson, EdD, APRN,BC, FNP

Assistant Professor, Tennessee State University, School of Nursing  
Nashville, TN

Chronic Obstructive Pulmonary Disease (COPD) remains a major public health problem. It is the fourth leading cause of chronic morbidity and mortality in the United States. This talk will provide updated information on the diagnosis, management, and prevention of COPD. The current diagnostic, pharmacologic, and management knowledge required to care for patients with COPD will also be addressed.

### 114 The Pressure's On! Bringing Hemodynamic Stability to Your Hypotensive Patient

Anne Dabrow Woods, MSN, RN, CRNP

Chief Nursing Officer, Wolters Kluwer Health Inc., Ambler, PA  
Nurse Practitioner, Critical Care Service, Chester County Hospital, West Chester, PA Adjunct Faculty, Immaculata University, Immaculata, PA

Reestablishing hemodynamic stability in your hypotensive patient can be challenging, especially if you don't know your patient's volume status. This session will discuss end points to fluid resuscitation and appropriate use of vasopressor agents to reestablish and maintain hemodynamic stability.

### 115 Workshop: Basic Suturing Part 2

Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC

Senior Lecturer, FHEA, Inc., North Andover, MA  
Board Certified Acute Care, Family Practice, Adult NP

Grace Cottage Family Practice, Townsend, VT

Linda S. Blasen, MS, ACNP-BC, FNP-BC

Associate Lecturer, FHEA, Inc., North Andover, MA  
Clinical Practice, Emergency Physician Specialist, Doctors Hospital  
Sarasota, FL

See session 105 description. If you registered for Part 1, you will be automatically enrolled in this class.

### 116 Workshop: Orthopedic Splinting: When and How to Do It Part 2

Clifford F. Ashley, BS, LATC

Associate Lecturer, FHEA, Inc., North Andover, MA  
Exercise Testing Lab, Beth Israel Deaconess Medical Center, Boston, MA

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA

Senior Lecturer, FHEA, Inc., North Andover, MA  
Certified Registered Nurse Anesthetist, Catholic Medical Center  
Manchester, NH

Certified Family Nurse Practitioner, MWV Health Care  
North Conway, NH

See session 106 description. If you registered for Part 1, you will be automatically enrolled in this class.

## Keynote Address: 4:30 pm - 6:00 pm

### Opening Remarks/Award Ceremony/General Session NP of the Year Award for Professional Achievement

### 121 Health Care Reform 2010: Taking Risks, Speaking Up, and Stepping Out

Eileen T. O'Grady PhD, RN, NP

Policy Editor and Columnist; American Journal for Nurse Practitioners  
and NP World News

Visiting Professor, Pace University (located in Manhattan),

Teacher, Health Policy for DNP Students

Private Practice as a Certified Nurse Practitioner and Wellness Coach,  
McLean, Virginia

Health care reform 2010 policy opportunities for nurse practitioners will be emphasized along with strategies for NPs to engage in a re-imagined health care system. Political competence, a core skill for advanced practice nurses will be emphasized and linked to the deeper commitment that we have to nurse practitioner practice.

## 6:00 pm - 8:00 pm

### 131 Grand Opening of Exhibits/Posters/Reception



## Thursday, May 20, 2010

7:30 am – 8:30 am

**Exhibits Open/Continental Breakfast/Posters**

**Concurrent Sessions: 8:30 am – 10:00 am**

### **201 Max Rx Track: Foodie Therapy: Fact vs. Fiction**

*Christine Kessler, RN, MN, CNS, ANP, BC-ADM*

*Nurse Practitioner, Department of Endocrinology and Metabolic Medicine, Walter Reed Army Medical Center, Washington, DC*

Join us for this interesting, fun and informative topic that you'll definitely take back to your practice and utilize! We'll take a look at dietary supplements and functional foods with regard to efficacy and safety. The presenter will also discuss the intriguing subject of nutrigenomics and nutrigenetics. Think green tea, leeks, and spider soup!

### **202 Communication with Patients in an Electronic World**

*Joyce L. Ross, MSN, CRNP/CS, FNLA*

*Diplomate, Accreditation Council for Clinical Lipidology Penn Medicine, Hospital of the University of Pennsylvania Perelman Center for Advanced Medicine, Philadelphia, PA*

This course will emphasize that, ready or not, medicine has entered into the world of electronics. Using a model of the electronic record we'll explore how our communication, and therefore, outcomes, can be positively impacted with this latest technology.

### **203 Why Should I Publish?**

*Jamesetta A. Newland, PhD, FNP-BC, FAANP, DPNAP*

*Editor-in-Chief, The Nurse Practitioner journal, Wolters Kluwer Health, Inc.*

*Clinical Associate Professor and Nurse Practitioner Director, Doctor of Nursing Practice Program; New York University College of Nursing, New York, NY*

*Ruth M. Kleinpell, PhD, RN, FAAN, FAANP, FCCM*

*Director, Center for Clinical Research and Scholarship, Rush University Medical Center*

*Professor, Rush University College of Nursing, Chicago, IL Acute Care Column Editor, The Nurse Practitioner journal Wolters Kluwer Health, Inc.*

Publishing enables you to share your knowledge, experiences, and expertise and brings professional recognition. Yet publishing is often viewed as an impossible task, one not often attempted by many practicing clinical nurses. Any nurse can publish—it does not require advanced years of clinical experience or advanced education or degrees! Writing for publication can be successfully accomplished with ease. The purpose of this session is to provide an overview of the process of writing for publication and review the manuscript submission and acceptance process. Strategies to overcome barriers to publishing will also be highlighted.

### **204 Honing Your Speaking Skills**

*Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP Chairperson, NCNP*

*President, Fitzgerald Health Education Associates, Inc., North Andover, MA*

*FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center Family Practice Residency Program*

*R. Mimi Secor, MS, MEd, FNP-BC, FAANP*

*Nurse Practitioner, Newton Wellesley Obstetrics and Gynecology Newton, MA*

*MinuteClinic, MA*

*President Emerita, NPACE, Natick, MA*

*Visiting Scholar, Boston College Graduate School of Nursing*

*Wendy L. Wright, MS, APRN, FNP, FAANP*

*Owner, Wright & Associates Family Healthcare, PLLC, Amherst, NH Partner, Partners in Healthcare Education, Bedford, NH*

Learn from expert presenters how to enhance your presentation skills and how to build a successful speaking practice. Discover how to avoid common presentation problems and gather tips on putting together a winning program. Presentation techniques, business basics, and much more will be discussed during this interactive session.

### **205 Double Your Chance to Win the Lottery: Making Useful Sense of Clinical Research**

*Tom Bartol, NP, CDE*

*Adjunct Faculty, University of Southern Maine*

*Adjunct Faculty, Husson College, Manchester, ME*

Did you hate your research class? Do you just read the summary or abstract of a research article? Do you stray away or just shake your head when colleagues or drug reps quote research studies? This presentation will change that. You'll be able to quickly find the important and practical clinical information you need from a research article.

### **206 What's Wrong With This Picture? Avoiding Errors in the ER**

*Polly Gerber Zimmermann, MS, RN, MBA, CEN, FAEN*

*Associate Professor, Department of Nursing, Harry S. Truman College Chicago, IL*

"Do not look where people fall, but where they slipped." (African proverb) What are the most common missed diagnoses and mistakes made in the emergency department? What are key checkpoints or red flags to watch for? Walk through multiple unfolding cases and determine if you can spot the problem before it's revealed. Learn to prevent common errors.

10:00 am – 10:30 am

**Coffee Break in Exhibit Hall/Posters**

**Concurrent Sessions: 10:30 am – 12:00 pm**

### **211 Max Rx Track: Pharmacological Management of Agitational States in the Older Adult**

*Jody F. Agins, MSN, RNP, FNP/GNP-BC*

*Nurse Practitioner, Evercare (United Healthcare)*

*President, Seminars for Healthcare Education, Inc., Tucson, AZ*

Agitation in the elderly presents many challenges. Frequently, the behaviors mask underlying illnesses, compounded by diseases of aging. In this session, we'll discuss the etiology, pharmacotherapy, and patient management of selected agitational states in the older adult.

## **212 Analyzing Laboratory Data: A Case Study Approach**

*Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP  
Chairperson, NCNP  
President, Fitzgerald Health Education Associates, Inc., North Andover, MA  
FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center Family Practice Residency Program*

Are you looking to improve your lab data interpretation skills? Using a case-based approach, this program is designed to help you refine your expertise in ordering and analyzing the results of laboratory tests for select clinical problems. This session features all new case studies for 2010.

## **213 Hepatitis B & C: Silent Killers Among Us**

*Bruce D. Askey, MS, ANP-BC  
Associate Lecturer, FHEA, Inc., North Andover, MA  
Certified Adult NP, Department of Gastroenterology and Hepatology Guthrie Clinic, Sayre, PA*

Hepatitis B and C, while relatively common, are often asymptomatic. This, along with the multitude of complex lab tests available, make their diagnosis and management confusing. This presentation will stress diagnosis, management, and potential complications of these viral infections in an easy to understand format.

## **214 Severe Sepsis: Using Guidelines to Reduce Mortality**

*Sophia Chu Rodgers, FNP, ACNP, FCCM, FAANP  
Southwest Internists, Inc., Albuquerque, NM*

The mortality rate for severe sepsis is still very high ranging from 30% to 50%. This presentation will discuss cutting-edge research of severe sepsis along with an explanation of the pathophysiology. Discussion of the surviving sepsis guidelines for treatment and reduction of mortality will also be offered. To bring together the surviving sepsis guidelines, a case presentation will be discussed.

## **215 Methamphetamine and Its Impact on Overall Health**

*Christopher D. Steward, DMD, MA, ARNP, RN  
Associate Lecturer, FHEA, Inc., North Andover, MA  
Dentist, Private Practice, Lecturer, Author, and Consultant, Cave City, KY*

This session will describe how methamphetamine use and abuse leads to social, medical, and dental maladies. Participants will become familiar with the federal and state laws and regulations governing quantity and frequency of pseudoephedrine purchases. Addiction, physical dependence, tolerance, pseudoaddiction, and clinical problems associated with patients who are using or have used methamphetamine are addressed as well.

## **216 Night Shift: Recognizing Chronopathologies and Avoiding Problems**

*Christine Kessler, RN, MN, CNS, ANP, BC-ADM  
Nurse Practitioner, Department of Endocrinology and Metabolic Medicine, Walter Reed Army Medical Center, Washington, DC*

The World Health Organization has named shift work as one of the most serious health issues afflicting western society today. This talk will look at the science of chronobiology and the phenomenon of "phase-shifting." Night shift work and its connection to cardiovascular disease, breast cancer, obesity, IBS, and more will be explored, as well as ways to minimize its impact.

**12:00 pm – 1:30 pm**

**Lunch in Exhibit Hall/Posters**

**Concurrent Sessions: 1:30 pm – 3:00 pm**

## **221 Max Rx Track: Pharmacologic Management of the Headache Continuum**

*Wendy L. Wright, MS, APRN, FNP, FAANP  
Owner, Wright & Associates Family Healthcare, PLLC, Amherst, NH  
Partner, Partners in Healthcare Education, Bedford, NH*

Twenty-eight million individuals in the United States suffer from migraine headaches, yet only 48% of these have actually been diagnosed with migraines. Recent research has shown that the vast majority of these patients have been diagnosed incorrectly; many are told that they suffer from sinus or tension headaches. The etiology, symptoms, signs, and current treatments of migraines, tension, and cluster headaches will be discussed including rescue and preventive medications.

## **222 Bariatric Surgery Options: Short- and Long-Term Health Concerns**

*Marguerite Dunham, MSN, CRNP  
Institute for Metabolic and Bariatric Surgery, Abington Memorial Hospital, Abington, PA*

The number of patients choosing bariatric surgery continues to grow. The health concerns for this population affect all specialties. This program will address surgical options and their corresponding care needs, both in the short- and long-term.

## **223 Advances and Controversies in Diabetes: An Update on Achieving Glycemic Control in Type 2 Diabetes**

*Tom Bartol, NP, CDE  
Adjunct Faculty, University of Southern Maine  
Adjunct Faculty, Husson College, Manchester, ME*

With new advances in type 2 diabetes management, come new concerns. What is the most effective way to achieve glycemic control? Learn new strategies and treatments. Appropriate use of insulin therapy in type 2 diabetes will also be discussed.

# Program Schedule

## 224 Cutaneous Manifestations of Life-Threatening Diseases

Victor Czerkasij, MA, MS, FNP-BC

Associate Lecturer, FHEA, Inc., North Andover, MA

Certified Histotechnologist, Skin Cancer and Cosmetic Dermatology, PC Adult and Pediatric Dermatology, Cleveland, TN and Dalton, GA

Ranging from simple nutritional deficiencies to a host of bacterial, viral, hematologic, and lymphatic crises, these acute conditions can result from adverse drug reactions, toxic shock syndrome, Kawasaki syndrome in children, and even the surprising return of leprosy. This presentation is designed to quickly recognize severe dermatologic disorders requiring immediate emergency intervention.

## 225 Contraceptive Update: Focus on Hormonal Methods and Intrauterine Contraceptives

R. Mimi Secor, MS, MEd, FNP-BC, FAANP

Nurse Practitioner, Newton Wellesley Obstetrics and Gynecology Newton, MA

MinuteClinic, MA

President Emerita, NPACE, Natick, MA

Visiting Scholar, Boston College Graduate School of Nursing

In this session, you'll learn about the current national statistics on unplanned pregnancies and other contraceptive challenges facing patients and clinicians. New research pertaining to current hormonal and intrauterine methods and implications for clinical practice will be discussed. The recent WHO contraceptive eligibility guidelines will also be explained.

## 226 Workshop: Common Office Procedures Part 1

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA

Senior Lecturer, FHEA, Inc., North Andover, MA

Certified Registered Nurse Anesthetist, Catholic Medical Center Manchester, NH

Certified Family Nurse Practitioner, MWV Health Care

North Conway, NH

This workshop will provide basic instruction on several common office procedures. Topics include analgesia, incision and drainage of an abscess, paronychia management, release of a subungual hematoma, digital block, fishhook removal, resection of ingrown toenails, and removal of foreign bodies from the ears and nose. Each topic will be discussed and then practiced. Handouts, discussion, and audiovisual aids will be utilized. CPT codes and many clinical pearls will be shared. If you register for this session, you are automatically registered for session 236.

3:00 pm – 3:30 pm

Refreshment Break in Exhibit Hall/Posters

Concurrent Sessions: 3:30 pm – 5:00 pm

## 231 Max Rx Track: Dangerous Liaisons: Drug-Drug, Drug-Nutrient Interactions

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP  
Chairperson, NCNP

President, Fitzgerald Health Education Associates, Inc., North Andover, MA

FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center Family Practice Residency Program

What advice should I give to a patient about taking certain medications on a full or empty stomach? Which antibiotics are most likely to be implicated in drug interactions? How important are the cytochrome P450 isoenzymes when considering drug-drug interactions? Do genetics play a role in drug metabolism? Learn the answers to these questions and more in this case-based presentation.

## 232 Abnormal Liver Enzymes: What Now?

Bruce D. Askey, MS, ANP-BC

Associate Lecturer, FHEA, Inc., North Andover, MA

Certified Adult NP, Department of Gastroenterology and Hepatology Guthrie Clinic, Sayre, PA

What clinician hasn't been faced with the task of evaluating abnormal liver enzymes? This presentation discusses the 2 distinct patterns of elevated liver enzymes—hepatocellular and cholestatic. The potential causes of the distinct patterns, such as fatty liver, medications, autoimmune hepatitis, infectious hepatitis, obstructing masses, and hemochromatosis, as well as appropriate work-up is stressed. The information is applied with several case studies at the end of the presentation.

## 233 Immunization Update: The Latest in CDC/ACIP Recommendations

Wendy L. Wright, MS, APRN, FNP, FAANP

Owner, Wright & Associates Family Healthcare, PLLC, Amherst, NH  
Partner, Partners in Healthcare Education, Bedford, NH

Never before in the history of immunizations have there been such widespread changes to the immunization schedule. This lecture will provide the nurse practitioner with the latest information regarding immunizations, updates, and safety information pertaining to each vaccine.

## 234 Acute Decompensated Heart Failure: Pearls for Management

Kismet D. Rasmusson, MS, FNP-BC, FAHA

Associate Lecturer, FHEA, Inc., North Andover, MA

Family Nurse Practitioner, Heart Failure Prevention and Treatment Center Intermountain Medical Center, Salt Lake City, UT

Heart failure remains the leading cause of hospitalizations for patients over the age of 65. Readmission rates are as high as 20% within 30 days after discharge, and 50% at 6 months. Attend this session to learn the latest in what we know about recognizing and treating acute decompensated heart failure in the hospital, as well as how to prevent readmissions by focusing on transitioning patients to home.

## 235 Got Vitamin D?

Mary Knudtson, DNSc, NP, FAAN

Executive Director, Student Health Services

University of California Santa Cruz, Santa Cruz, CA

Professor of Clinical Nursing, University of California Irvine, Irvine, CA

This session will provide an update on Vitamin D including the different forms, synthesis mechanism, mechanism of action, nutritional sources of the vitamin, signs and symptoms of

deficiency and overdose, its role in the immune system, cancer prevention, cardiovascular disease, and bone health. The latest information about testing and treatment will be presented as well.

## **236 Workshop: Common Office Procedures Part 2**

*Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA  
Senior Lecturer, FHEA, Inc., North Andover, MA  
Certified Registered Nurse Anesthetist, Catholic Medical Center,  
Manchester, NH  
Certified Family Nurse Practitioner, MWV Health Care  
North Conway, NH*

See session 226 description. If you registered for Part 1, you will be automatically enrolled in this class.



## **Friday, May 21, 2010**

**7:30 am – 8:30 am**

**Exhibits Open/Continental Breakfast/Posters**

**Concurrent Sessions: 8:30 am – 10:00 am**

### **301 Max Rx Track: Drug Update: New Products, New Uses, New Warnings**

*Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP  
Chairperson, NCNP  
President, Fitzgerald Health Education Associates, Inc., North  
Andover, MA  
FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center  
Family Practice Residency Program*

What is the latest in drug therapy? What are the latest new uses and cautions for established medications? What products have recently gone generic? Learn the answers to these and other questions in this informative session.

### **302 Sexually Transmitted Infection Update: Focus on the Female Adolescent—Everything You're Itching to Know**

*R. Mimi Secor, MS, MEd, FNP-BC, FAANP  
Nurse Practitioner, Newton Wellesley Obstetrics and Gynecology  
Newton, MA  
MinuteClinic, MA  
President Emerita, NPACE, Natick, MA  
Visiting Scholar, Boston College Graduate School of Nursing*

In this session, you'll learn the latest national statistics on STI prevalence and incidence including new epidemiology in at-risk populations. Diagnosis and treatment recommendations will be updated for common STIs in adolescent populations and new research about HPV-related oral and anal cancer risk and the male HPV vaccine will be discussed.

### **303 Heart Disease in Women: 2010 Update**

*Kismet D. Rasmusson, MS, FNP-BC, FAHA  
Associate Lecturer, FHEA, Inc., North Andover, MA  
Family Nurse Practitioner, Heart Failure Prevention and Treatment Center  
Intermountain Medical Center, Salt Lake City, UT*

Heart disease remains the leading cause of death in women. Come to this session to learn the latest about women and their hearts in terms of gender differences, disparities, prevention, and treatment.

### **304 Smoking Cessation: Safety Issues**

*Jamesetta A. Newland, PhD, FNP-BC, FAANP, DPNAP  
Editor-in-Chief, The Nurse Practitioner journal, Wolters Kluwer  
Health, Inc.  
Clinical Associate Professor and Nurse Practitioner; Director, Doctor of  
Nursing Practice Program; New York University College of Nursing  
New York, NY*

Direct-to-consumer marketing has bombarded the public with news of miracle results of taking varenicline to stop smoking. Patients then come to you requesting this treatment. More traditional methods of smoking cessation such as nicotine replacement therapy, with or without counseling, have not been effective in helping a segment of the population quit. What do you need to know about prescribing varenicline to increase the likelihood of success in select patients and decrease the risks of potentially adverse outcomes in others? During this session, you'll learn how varenicline works (what is known) and side effects, which individuals are appropriate candidates for this therapy, and how to monitor progress, as well as other methods and pharmacologic options for successful smoking cessation and maintenance.

### **305 Diagnostic Radiology for Abdominal and Pelvic Pain Part 1**

*Theresa M. Campo, DNP, RN, APN, NP-C  
Owner and Primary Lecturer, Farfalla Education, LLC  
Nurse Practitioner, Bayfront Emergency Physicians  
Shore Memorial Hospital – Emergency Department, Somers Point, NJ*

Learn the indications for ordering CT, MRI, or ultrasound for abdominal and pelvic complaints. Understand the terminology of a radiology report and identify the "red flags" and what to do with them. Put everything together with actual case study analysis.

### **306 Workshop: Ortho Exam/Joint Injection Part 1**

*Michael Rudzinski, PA-C, RPh  
Buffalo VA Medical Center, Buffalo, NY*

This highly interactive course will give participants a didactic, and more importantly, a hands-on learning experience. We'll address the evaluation and management, including injection

# Program Schedule

therapy, of common musculoskeletal problems of the upper and lower extremities. Participants will gain beginning competencies in proper injection technique as we practice on each other and electronic models. Please wear loose, comfortable clothing (T-shirts, shorts) and be prepared to practice palpating anatomical landmarks for proper injection technique simulation on colleagues. If you register for this session, you are automatically enrolled in session 316. Session limited to 60 participants.

**10:00 am – 10:30 am**  
**Exhibits Open/Posters**

**Concurrent Sessions: 10:30 am – 12:00 pm**

## **311 Max Rx Track: Anticoagulants and Antithrombotic Agents**

*AnneMarie Palatnik, MSN, APN, BC*  
*Director of Clinical Learning, Virtua Center for Learning*  
*Mount Laurel, NJ*

Managing anticoagulation and antithrombotic agents can be a real challenge. We often hear about significant situations where these agents were either over utilized or under utilized, both resulting in catastrophic events. As a result, we have seen significant regulatory requirements regarding the utilization of these agents. This program is intended describe the pathophysiology of thrombus formation, differentiating arterial and venous thrombus. Evidence-based anticoagulation and antithrombotic treatment strategies will be discussed. Focus will be placed on their use in the management of VTE, ACS, and heart valve replacement.

## **312 5 Things I Wish I Knew Last Year**

*Louis Kuritzky, MD*  
*University of Florida Gainesville, Family Practice Medical Group*  
*Gainesville, FL*

There are numerous overlooked or misunderstood pearls in the literature today. This presentation will provide an assortment of clinical insights applicable to daily practice. We'll review risk of sulfonamide allergic reactions between classes of agents, employ a variety of appropriate migraine prophylactic agents, as well as discuss physical examination skills to diagnose AAA in at-risk populations.

## **313 Preoperative Evaluation for the Primary/Acute Care Provider**

*Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA*  
*Senior Lecturer, FHEA, Inc., North Andover, MA*  
*Certified Registered Nurse Anesthetist*  
*Catholic Medical Center, Manchester, NH*  
*Certified Family Nurse Practitioner*  
*MWV Health Care, North Conway, NH*

This session will discuss updated information on pre-operative physical assessment clearance for the operative patient. Age appropriate guidelines on laboratory, EKG, and diagnostic testing will be reviewed.

## **314 HPV and Other Cancers**

*Mary Knudtson, DNSc, NP, FAAN*  
*Executive Director, Student Health Services*  
*University of California Santa Cruz, Santa Cruz, CA*  
*Professor of Clinical Nursing, University of California Irvine, Irvine, CA*

This session will provide an update on the latest evidence regarding human papillomavirus. It will include the prevalence and life-cycle of HPV infection in the U.S., HPV types and associated diseases, signs and symptoms of infection, testing, and associated treatment. Also, updated information on the HPV vaccines and new Pap smear testing guidelines will be presented.

## **315 Diagnostic Radiology for Abdominal and Pelvic Pain Part 2**

*Theresa M. Campo, DNP, RN, APN, NP-C*  
*Owner and Primary Lecturer, Farfalla Education, LLC*  
*Nurse Practitioner, Bayfront Emergency Physicians*  
*Shore Memorial Hospital – Emergency Department, Somers Point, NJ*

See session 305 description. If you registered for Part 1, you will be automatically enrolled in this class.

## **316 Workshop: Ortho Exam/Joint Injection Part 2**

*Michael Rudzinski, PA-C, RPh*  
*Buffalo VA Medical Center, Buffalo, NY*

See session 306 description. If you registered for Part 1, you will be automatically enrolled in this class.

**12:00 pm – 1:30 pm**

**Lunch in Exhibit Hall/Posters**

**Concurrent Sessions: 1:30 pm – 3:00 pm**

## **321 Acute Pain Management: Recognizing and Responding to Difficult to Care for Patients**

*Yvonne D'Arcy, CRNP-BN, CNS, MS*  
*Pain Management & Palliative Care Nurse Practitioner*  
*Pain & Palliative Care Outcomes Manager, Suburban Hospital*  
*Germantown, MD*

Acute care patients come into the hospital with many different types of pain and pain management needs. The Joint Commission has focused on pain relief for all patients with regular pain assessment, reassessment, and access to advanced pain management techniques to control pain. This session will provide information on treating the patients with chronic pain, as well as the addict, when they come into the hospital.

## **322 Prostate Cancer Prevention: Is It Time to Consider Chemoprophylaxis?**

*Louis Kuritzky, MD*  
*University of Florida Gainesville, Family Practice Medical Group*  
*Gainesville, FL*

Prostate cancer is one of the 'big three' cancers in American men. The rationale for screening, its success, and approved methodology, is pertinent for all providers who care for adult men.

# Program Schedule

## 323 Skin Changes at Life's End: A Consensus Report

Sharon Baranoski, MSN, RN, CWCN, APN, FAWCA, FAAN  
President, Wound Care Dynamics, Inc., Shorewood, IL

Organ dysfunction is a familiar concept in the health sciences that can occur during an acute critical illness as well as at life's end. End-of-life is defined as a phase of life when a person is living with an illness that will often worsen and may eventually cause death. This presentation will address the ten consensus statements, pathways to care, and the communication needed by the interdisciplinary team.

## 324 Diagnosis and Management of Life-Threatening Electrolyte and Metabolic Disturbances

Sophia Chu Rodgers, FNP, ACNP, FCCM, FAANP  
Southwest Internists, Inc., Albuquerque, NM

Electrolyte and metabolic disturbances are common in critically ill and injured patients. These disturbances alter physiologic function and contribute to morbidity and mortality. This presentation will discuss the most common life-threatening electrolyte disturbances, including sodium, potassium, calcium, and magnesium. Moreover, the program will review metabolic disturbances such as hyperglycemia syndrome, thyroid crisis, myxedema coma, and adrenal insufficiency.

## 325 Workshop: Advanced Suturing Part 1

Linda S. Blasen, MS, ACNP-BC, FNP-BC  
Associate Lecturer, FHEA, Inc.; North Andover, MA  
Clinical Practice, Emergency Physician Specialist, Doctors Hospital, Sarasota, FL

Pat Duffield, DNP, APN  
Associate Lecturer, FHEA, Inc., North Andover, MA

For the practitioner comfortable with basic interrupted suturing, this workshop will teach advanced techniques. Regional anesthesia of the face, ear, and digit is addressed. Suturing techniques include vertical mattress, corner suturing, running suturing, and advanced layered closures. Approaches to lip and oral lacerations and injuries of the ear area will be discussed. Prerequisites: Basic suturing skills. If you register for this session, you are automatically registered for session 335. Session limited to 50 participants.

## 326 Workshop: Ortho Exam/Joint Injection Part 1

Michael Rudzinski, PA-C, RPh  
Buffalo VA Medical Center, Buffalo, NY

This highly interactive course will give participants a didactic, and more importantly, a hands-on learning experience. We'll address the evaluation and management, including injection therapy, of common musculoskeletal problems of the upper and lower extremities. Participants will gain beginning competencies in proper injection technique as we practice on each other and electronic models. Please wear loose, comfortable clothing (T-shirts, shorts) and be prepared to practice palpating anatomical landmarks for proper injection technique simulation on colleagues. If you register for this session, you are automatically enrolled in session 336. Session limited to 60 participants.

3:00 pm – 3:30 pm

## Refreshment Break

Concurrent Sessions: 3:30 pm – 5:00 pm

## 331 Max Rx Track: Pediatric Pharmacology: Update for Primary Care

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP  
Chairperson, NCNP

President, Fitzgerald Health Education Associates, Inc., North Andover, MA

FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center  
Family Practice Residency Program

How does drug metabolism differ in children? What is the latest in drug therapy for pediatric primary care practice? What are the latest new uses and cautions for established medications in children? Learn the answers to these and other questions in this case-based session.

## 332 Comprehensive Geriatric Assessment: Recognizing Disorders in the Older Population

Peg Gray-Vickrey, DNS, RN  
Florida Gulf Coast University, Fort Myers, FL

Accurately assessing the geriatric patient can be challenging given the likelihood for multisystem disorders. Complex pathophysiology presents in clinically complex ways, and it is not unusual for one organ system to signal pathology in another. This presentation reviews normal and nonpathological changes that occur with aging and examines atypical presentations of illness in the older person. A framework for conducting a comprehensive geriatric assessment is provided. Comprehensive geriatric assessment of frail older patients has the potential to improve clinical outcomes, including greater diagnostic accuracy, improved functional and mental status, and reduced mortality.

## 333 Diagnosis Common Skin Conditions in Darkly Pigmented Skin

Victor Czerkasij, MA, MS, FNP-BC  
Associate Lecturer, FHEA, Inc. North Andover, MA  
Certified Histotechnologist, Skin Cancer and Cosmetic Dermatology, PC  
Adult and Pediatric Dermatology, Cleveland, TN and Dalton, GA

Dermatology encompasses over 2,000 different diseases, but unfortunately, the challenge is compounded by years of teaching, training, and experiences founded on 'white skin.' Today's patient populations are an increasingly diverse range of colors and ethnicities—even acne and psoriasis may appear surprisingly unfamiliar to the untrained eye. This presentation will offer a systemic approach to diagnosing a wide range of diseases in 'ethnic skin,' and will help develop visual skills, learning to ask key questions, and grow a larger list of differentials.

## 334 Alternative Weaning and Ventilator Modes

Fiona Winterbottom, RN, MSN, ACNS-BC, CCRN  
Clinical Nurse Specialist for Critical Care  
Ochsner Medical Center-New Orleans, New Orleans, LA

In this session, we'll discuss alternative weaning and ventilator modes that help prevent lung injury and promote oxygenation in your patient. Discussion will include long-term goals

# Program Schedule

for patients to avoid lung injury, keep patients comfortable, and weaning the patient from mechanical ventilation as soon as possible.

## **335 Workshop: Advanced Suturing Part 2**

*Linda S. Blasen, MS, ACNP-BC, FNP-BC  
Associate Lecturer, FHEA, Inc., North Andover, MA  
Clinical Practice, Emergency Physician Specialist, Doctors Hospital  
Sarasota, FL*

*Pat Duffield, DNP, APN  
Associate Lecturer, FHEA, Inc., North Andover, MA*

See session 325 description. If you registered for Part 1, you will be automatically enrolled in this class.

## **336 Workshop: Ortho Exam/Joint Injection Part 2**

*Michael Rudzinski, PA-C, RPh  
Buffalo VA Medical Center, Buffalo, NY*

See session 326 description. If you registered for Part 1, you will be automatically enrolled in this class.



## **Saturday, May 22, 2010**

**8:00 am – 8:30 am**

**Continental Breakfast in Foyer**

**Concurrent Sessions: 8:30 am – 10:00 am**

### **401 Max Rx Track: End-of-Life Symptom Management Above and Beyond Pain**

*Yvonne D'Arcy, CRNP-BN, CNS, MS  
Pain Management & Palliative Care Nurse Practitioner  
Pain & Palliative Care Outcomes Manager  
Suburban Hospital, Germantown, MD*

What does your patient want at the end of life? This session will help you explore what patients ask for at the end of life, above and beyond pain management, and how nurses can communicate with families when a patient is dying. This session will also address questions about how healthcare reform may affect end-of-life care.

### **402 Case Presentation of Asthma**

*Kathleen C. Ellis, PhD, ARNP, FAAN  
Assistant Professor of Nursing, University of Tampa, Tampa, FL*

This interactive discussion will review the National Heart Lung and Blood Institute's (NHLBI) Expert Panel Report (guidelines)

on asthma and then allow the audience to apply these to a case.

### **403 What Are You Forgetting? Start Coding and Billing for Preventive Care**

*Jan DiSantostefano, CRNP  
Family and Women's Health Nurse Practitioner, Apex, NC*

Coding for preventive care can be challenging, especially since reimbursement policies on preventive services vary. These visits can also include additional services, such as vaccinations, screening laboratory services, counseling, and even management of medical problems. Taking a thorough family history can be helpful for determining what laboratory tests will be appropriate to order. This session will include how to code for a standard preventive evaluation and management (E/M) visit, the preventive E/M visit with a problem-oriented service, and the preventive visit for a Medicare patient.

### **404 Abdominal Compartment Syndrome**

*Fiona Winterbottom, RN, MSN, ACNS-BC, CCRN  
Clinical Nurse Specialist for Critical Care  
Ochsner Medical Center-New Orleans, New Orleans, LA*

This session is designed to familiarize the participant with the pathophysiology, detection, and treatment of intra-abdominal hypertension and abdominal compartment syndrome. Consideration related to care of these patients will be discussed.

### **405 Identifying Heart Sounds and Murmurs Part 1**

*W. Lane Edwards, Jr., ARNP, ANP, MSN  
Nurse Practitioner, Adult Medicine  
Island Coast Family Practice, Fort Myers, FL*

A lecture, discussion, audio, and video presentation designed to help the primary care provider identify selected heart sounds and murmurs. The course will include clinical presentations and treatment alternatives for Split 2nd sounds, S3, S4, mitral stenosis and insufficiency, aortic stenosis and insufficiency, and artificial valves. Recordings of actual heart sounds and intracardiac hemodynamics will be used. If you register for this session, you are automatically registered for session 415.

### **406 Workshop: Dermatology Part 1**

*Wendy L. Wright, MS, APRN, FNP, FAANP  
Owner, Wright & Associates Family Healthcare, PLLC, Amherst, NH  
Partner, Partners in Healthcare Education, Bedford, NH*

Many nurse practitioners are not taught to perform office-based dermatologic procedures in their academic programs. Even though they are commonly utilized in a primary care setting. This workshop will provide the nurse practitioner with an explanation of the various procedures and an opportunity to practice these skills. Elliptical excision and simple interrupted suturing, punch biopsy, cryosurgery, shave excision, and skin tag removal will be reviewed. If you register for this session, you are automatically enrolled in session 416. Session limited to 60 participants.

# Program Schedule

**10:00 am – 10:30 am**

**Coffee Break in Foyer**

**Concurrent Sessions: 10:30 am – 12:00 pm**

## **411 Max Rx Track: Bioidentical Hormones: Myths and Realities**

*Andrew Storer, DNP, CRNP*

*Assistant Professor and Coordinator, Acute Care Nurse Practitioner Program, Jefferson School of Nursing, Thomas Jefferson University, Philadelphia, PA*

Bioidentical hormones are receiving increasing attention from the field of anti-aging medicine, the media, and consumers requesting an alternative to traditional hormone replacement therapy. Nurse practitioners are fielding questions from patients and guiding decision making about hormones that are natural, “biologically identical” and have the reported effects of weight loss, elevated mood, increased sex drive, and relief from perimenopausal and menopausal symptoms. The goals of this session are to provide an overview of bioidentical hormones and to describe the myths, realities, evidence, and safety of bioidentical hormone replacement therapy in the treatment of perimenopause, menopause, and andropause.

## **412 The Hazards of Summer: Dealing with Mother Nature's Dark Side**

*Linda Laskowski-Jones, RN, MS, ACNS-BC, CCRN, CEN*  
*Editor-in-Chief, Nursing2010*

*Vice President: Emergency, Trauma & Aeromedical Services*  
*Christiana Care Health System, Newark, DE*

Summer's almost here—and so are the thunderstorms, bugs and hot, humid weather. The great outdoors beckons, but as people emerge to enjoy their summer pursuits, be prepared—some of the most innocuous activities have associated risks. The dangers include lightning strike, snake and insect bites, and heat-related illnesses to name a few. This presentation will overview common summer emergencies, describe immediate life-saving interventions, and offer common sense prevention strategies for advanced practice nurses to incorporate into their practice as well as their own lifestyle.

## **413 Hypertension Update: The Latest Treatment Recommendations**

*Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP*  
*Chairperson, NCNP*

*President, Fitzgerald Health Education Associates, Inc., North Andover, MA*

*FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center Family Practice Residency Program*

Using a case-based approach, this program is designed to provide an update on the latest treatment recommendations for hypertension as well as refine prescribing practices in caring for the person with hypertension and multiple health problems.

## **414 Diagnosis and Management of Pneumonias: CAP, HAP, VAP, HCAP**

*Sophia Chu Rodgers, FNP, ACNP, FCCM, FAANP*  
*Southwest Internists, Inc., Albuquerque, NM*

Pneumonia is the most common cause of death from

infection and the major reason for respiratory failure. This presentation will discuss the pathophysiology, definitions, prevention, and treatment of the various types of pneumonias.

## **415 Identifying Heart Sounds and Murmurs Part 2**

*W. Lane Edwards, Jr., ARNP, ANP, MSN*

*Nurse Practitioner, Adult Medicine*

*Island Coast Family Practice, Fort Myers, FL*

See session 405 description. If you registered for Part 1, you will be automatically enrolled in this class.

## **416 Workshop: Dermatology Part 2**

*Wendy L. Wright, MS, APRN, FNP, FAANP*

*Owner, Wright & Associates Family Healthcare, PLLC, Amherst, NH*

*Partner, Partners in Healthcare Education, Bedford, NH*

See session 406 description. If you registered for Part 1, you will be automatically enrolled in this class.

## **2010 Planning Committee**

**Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP**

*Conference Chairperson*

*President, Fitzgerald Health Education Associates, Inc.*

*North Andover, MA*

*Family Nurse Practitioner, Adjunct Faculty, Family Practice*

*Residency*

*FNP, Adjunct Faculty, Greater Lawrence (MA) Family Health Center*

*Family Practice Residency Program*

**Victor Czerkasij, MA, MS, FNP-BC**

*Associate Lecturer, FHEA, Inc., North Andover, MA*

*Certified Histotechnologist, Skin Cancer and Cosmetic*

*Dermatology, PC, Adult and Pediatric Dermatology*

*Cleveland, TN and Dalton, GA*

**Karen Innocent, MS, CMSRN, ANP-BC, CRNP**

*Director of Continuing Education & Conferences*

*Wolters Kluwer Health/Lippincott Williams & Wilkins*

*Ambler, PA*

**Jamesetta A. Newland, PhD, FNP-BC, FAANP, DPNAP**

*Editor-in-Chief, The Nurse Practitioner journal, Wolters Kluwer*

*Health/Lippincott Williams & Wilkins, Ambler, PA*

*Clinical Associate Professor and Nurse Practitioner Director,*

*Doctor of Nursing Practice Program; New York University College*

*of Nursing, New York, NY*

**Mary Perrong, RN, CRNP, ANP-BC, MSN**

*Clinical Editor, The Nurse Practitioner and OR Nurse*

*Wolters Kluwer Health/Lippincott Williams & Wilkins*

*Ambler, PA*

**Janet S. Thomas, MS, RN-BC**

*Continuing Education Manager*

*Wolters Kluwer Health/Lippincott Williams & Wilkins*

*Ambler, PA*

**Anne Dabrow Woods, MSN, RN, CRNP, ANP-BC**

*Chief Nursing Officer, Wolters Kluwer Health/Lippincott Williams*

*& Wilkins, Ambler, PA*

*Adjunct Faculty, Immaculata University, Immaculata, PA*

*Nurse Practitioner, Critical Care, Chester County Hospital, West*

*Chester, PA*

# Headquarters Hotel, Transportation, and Area Information

## Hotel Information

### Hyatt Regency Chicago

151 East Wacker Drive, Chicago, IL 60601

Reservations: **1-312-565-1234**

Room Rate: **\$215 single or double occupancy**

The National Conference for Nurse Practitioners headquarters hotel is the Hyatt Regency Chicago in Chicago, IL. A block of rooms has been reserved at a group rate of \$215 single/double occupancy per night. Rates are subject to applicable state and local taxes (currently at 12.45%). Please be sure to mention that you are with the National Conference for Nurse Practitioners (NCNP) group to obtain this reduced rate. We encourage attendees to make reservations as early as possible as blocks do sell out; sometimes before the actual cut-off date!!

This special rate is available until **April 19, 2010**. Reservations received after this date will be accepted on a space available basis only. To make reservations, call the reservation desk at 1-312-565-1234.

Experience the heartbeat of Illinois at Hyatt Regency Chicago. Connected to Illinois Center, this Four Diamond downtown Chicago hotel is ideally situated within the Magnificent Mile, considered one of the greatest avenues in the world. Immerse yourself in the "city within a city," as this downtown Chicago, Illinois hotel links you to Blues, Jazz, shopping, irresistible cuisine, Grant and Millennium Parks, Lake Michigan beaches, Navy Pier and Michigan Avenue.

## Area Information

You'll find magic in such sparkling Chicago attractions as Navy Pier – the Midwest's top tourist destination – and its boardwalk, 150-foot Ferris wheel, boat and segway tours, and countless dining or shopping options. Millennium Park offers dazzling music, art, landscape design and architecture – including the mammoth stainless-steel Cloud Gate sculpture – plus ice skating in the winter, splashing around in the interactive Crown Fountain during summer, and alfresco dining from spring to fall.

Chicago looks great from every angle, whether you're exploring the city's astonishing architecture during a guided tour (on foot or aboard a Chicago River boat, lakeshore cruise or sight-seeing bus) or you're enjoying the birds-eye view from the 103rd floor of Skydeck Chicago in the Willis Tower (formerly Sears Tower) and the 94th floor Hancock Observatory. The city's 29 miles of lakefront paths are just one reason Chicago is one of the world's most walkable and beautiful cities.

Chicago is often called a friendly city – and you'll agree when you accept the city's warm invitation to sample such free attractions as Lincoln Park Zoo, home to more than 1,000 mammals, reptiles, and birds. Enjoy the peaceful gardens under glass at Garfield Park Conservatory and Lincoln Park Conservatory, or take in one of the free performances at Navy Pier. To make sure you don't miss out on anything the city has to offer, make your very first stop the Chicago Cultural Center, Chicago's Architectural Showplace for the Lively and Visual Arts and the city's official Visitor Center. For additional information, go to [choosechicago.com](http://choosechicago.com).

## Airline Information

Attendees can fly into either Chicago's O'Hare International Airport or Midway Airport. We recommend you go to [expedia.com](http://expedia.com) or your preferred online travel service for best rates depending on your departure city, dates, and times of travel.

## Driving Directions

### From O'Hare International Airport:

Take Kennedy Expressway (I-90/94) East to Ohio St exit. Proceed on Ohio to State St and turn right. Turn left at Wacker Drive. Hotel will be approximately 2 blocks on the right.

### From Midway Airport:

Take Cicero Ave North to Stevenson Expressway (I-55) North. Exit at Dan Ryan Expressway (I-90/94) West. Exit at Washington St and proceed East to Michigan Avenue. Turn left. Proceed North to Wacker Drive. Turn right. Hotel is one block on right.

## Hotel Parking

Hotel Parking (indoor valet) with in/out privileges.

0-1 hr \$22.00

1-3 hrs \$28.00

3-5 hrs \$36.00

5-24 hrs \$48.00

Overnight - \$48.00 with in/out privileges

## O'Hare Shuttle/Taxi Service (18 miles)

### Shuttle Service

Airport Express: From lower level baggage claim area.

Shuttle runs daily every 15 minutes from 6:05 am-11:00 pm.

One-way (Single traveler) - \$28.00 each

One-way (Party of two) - \$20.00 each

Round trip - \$50.00 single; \$36.00 each for party of two

Group fare (3 or more passengers traveling together to same destination)

\$15.00 each; \$28 each for round trip; children under 6 years free of charge.

### Taxi Service

Approx \$30.00 - \$40.00

## Midway Shuttle/Taxi (12 miles)

### Shuttle Service

Airport Express: From lower baggage claim area

One-way (Single traveler) - \$23.00 each

One-way (Party of two) - \$16.00 each

Round trip - \$40 single; \$28 each for party of two

Group fare (3 or more passengers traveling together to same destination)- \$13.00 each; \$23 each for round trip, children under 6 years free of charge.

### Taxi Service

Approx \$30.00 - \$40.00

## Weather Conditions

May in Chicago is a great month, as the warmer weather finally starts to hold, the Chicago beaches open, and summer is right around the corner. The average temperature in Chicago is 69°F (20°C) high/49°F (9°C) low. Bring layered clothing to adjust for differences in meeting room temperatures.

**4 Easy Ways to Register**

By phone: 1-800-346-7844 x6591 or x7750

By fax: 1-856-218-0557

On-line: [www.ncnpconference.com](http://www.ncnpconference.com)



National Conference  
for Nurse Practitioners

The Conference for Primary and Acute Care Clinicians

**Registration Form**  
Hyatt Regency Chicago, Chicago, IL  
May 19-22, 2010

**CANCELLATION/TRANSFER POLICY**  
All cancellations and transfers must be received in writing. For cancellations received prior to May 5, 2010, we will refund registration costs less a \$75 administrative fee. We are unable to make refunds after May 5, 2010, but will gladly transfer your registration to a colleague if the request is made in writing to [fuhreirc@ajj.com](mailto:fuhreirc@ajj.com). Substitutes must have copy of original confirmation.

**SECTION 1: CONTACT INFORMATION** (please type or print clearly)

NAME AND CREDENTIALS		<b>Highest Degree Earned:</b>	
NAME OF FACILITY		<input type="checkbox"/> BS/BSN <input type="checkbox"/> MS/MSN <input type="checkbox"/> DOCTORATE <input type="checkbox"/> POST-DOCTORATE	
STREET ADDRESS	<input type="checkbox"/> Home <input type="checkbox"/> Work	CITY	STATE      ZIP
DAYTIME PHONE	<input type="checkbox"/> Home <input type="checkbox"/> Work	EMAIL ADDRESS (required) <input type="checkbox"/> Home <input type="checkbox"/> Work	

**SECTION 2: SESSION SELECTIONS**

Please indicate your first and second choices for each time period below. Please note that workshop sessions are listed in bold and require an additional fee. **Workshop fees include both Part 1 and Part 2.**

**Wednesday, May 19**

12:30pm – 2:00pm   101   102   103   104   **105**   **106**  
 2:30pm – 4:00pm   111   112   113   114   **115**   **116**  
 4:30pm – 6:00pm   121 Keynote Address

**Thursday, May 20**

8:30am – 10:00am   201   202   203   204   205   206  
 10:30am – 12:00pm   211   212   213   214   215   216  
 1:30pm – 3:00pm   221   222   223   224   225   **226**  
 3:30pm – 5:00pm   231   232   233   234   235   **236**

**Friday, May 21**

8:30am – 10:00am   301   302   303   304   305   **306**  
 10:30am – 12:00pm   311   312   313   314   315   **316**  
 1:30pm – 3:00pm   321   322   323   324   **325**   **326**  
 3:30pm – 5:00pm   331   332   333   334   **335**   **336**

**Saturday, May 22**

8:30am – 10:00am   401   402   403   404   405   **406**  
 10:30am – 12:00pm   411   412   413   414   415   **416**

**SECTION 3: PAYMENT INFORMATION**

**REGISTRATION FEES/CUTOFF DATES**

All pre-registration for the conference must be received no later than May 5, 2010. Walk-in registrations will be accepted on-site.

**Workshop fees include both Part 1 and Part 2.**

	<b>Super Early</b> (postmarked by 3/31)	<b>Early</b> (postmarked 4/1 to 5/5)	<b>Regular/Onsite</b> (postmarked after 5/6)
Main Conference (5/19-5/22)	\$529	\$589	\$639
First Time NP Student ( <i>must fax copy of ID</i> )	\$259	\$289	\$309
One Day Only (5/20 or 5/21)	\$259	\$289	\$309
Half Day Only (5/19 or 5/22)	\$149	\$179	\$199
Workshop Fee (with conference)	\$89	\$109	\$129
Workshop Fee (without conference)	\$179	\$199	\$219
Guest (Exhibit Hall Only)	\$250	\$250	\$250

**PAYMENT INFORMATION**

Registration will not be processed without payment. A confirmation letter will be e-mailed to you once your registration form and payment is processed.

Conference Fee (main, one day or half day): _____
Workshop Fee (if applicable): _____
Guest Fee (if applicable): _____
<b>Total Amount Enclosed:</b> _____

Check Enclosed (Payable in U.S. funds to **NCNP**: Federal Tax ID# 13-293-2696)

Credit Card (Visa, MasterCard or American Express only)

(Card Number) \_\_\_\_\_

(Expiration Date) \_\_\_\_\_ (Security Code) \_\_\_\_\_

(Signature) \_\_\_\_\_

Credit Billing Address: (street number) \_\_\_\_\_ (zip code) \_\_\_\_\_