

Pacific Northwest 33rd Annual National Conference

Advanced Practice in Primary and Acute Care

Wednesday - Saturday

September 29-October 2, 2010

Washington State Convention Center
Seattle, Washington

JOINT SPONSORS

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Washington State Nurses Association
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33rd Annual National Conference
**Advanced Practice
in Primary and
Acute Care**

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This conference offers health care providers an opportunity to validate and enhance clinical competencies, acquire new assessment and management skills, examine critical issues in health care at the state and national level, foster a strong coalition of providers in advanced practice, and learn about new products, services, and pharmacotherapeutic agents. Conference faculty include distinguished national, regional, and local experts. Concurrent sessions allow participants to design their own educational tracks in the areas of acute, adolescent, adult, family, geriatric, midwifery, pediatric, psychosocial, and women’s health care. In addition, a preconference lecture on Wednesday evening, special interest group meetings on Thursday and Friday, and workshops on Saturday provide a broad spectrum of learning opportunities for providers in all settings. Teaching methods include lecture, discussion, case studies, demonstration, and practica.

Objectives

At the conclusion of this conference, participants will be better able to:

- Discuss updated information about the assessment and management of common health problems seen in primary and acute care settings.
- Discuss updated pharmacotherapeutic information related to clinical practice.
- Identify regional and national trends in health policy, promotion and prevention which impact primary health care.

POSTER ABSTRACTS INVITED

Have you developed an innovative educational strategy, clinical program, or research project? A poster session to promote improvements in health care delivery, education, research and policy will be held on **Thursday, September 30, 10:00 AM -5:00 PM**. For poster guidelines and to submit an abstract, visit uwcne.org and click on Call for Abstracts. **Abstracts are due August 15, 2010.**

Conference at a Glance

Wednesday Evening—September 29

Coffee and Beverages	6:15 PM
Lecture	7:00 - 8:30 PM

Thursday—September 30

Registration and Exhibit Hall	8:00 AM
Morning Sessions	8:40 - 11:40 AM
Poster Session	10:00 AM - 5:00 PM
Afternoon Sessions	1:15 - 5:20 PM

Friday—October 1

Registration and Exhibit Hall	7:15 AM
Morning Sessions	7:30 - 11:40 AM
Special Session: HEAL-WA	12:00 - 1:00 PM
Afternoon Sessions	1:15 - 5:20 PM
Art Show	2:25 - 5:00 PM

Saturday—October 2

Morning Registration	8:30 AM
Morning Workshops	9:00 AM - 12:00 PM
Afternoon Registration	12:45 PM
Afternoon Workshops	1:15 - 4:15 PM
Full-Day Workshops	Variable (See p. 8)

Easy Reference Guide

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Featured Speakers

Wednesday Evening Lecture

Peter H. Byers, MD

Dr. Byers is professor of pathology and medicine (Division of Medical Genetics) and adjunct professor of genome sciences at the University of Washington, Seattle. He is a former editor of The American Journal of Human Genetics and President of the American Society of Human Genetics (2005). He served as director of the Medical Genetics Clinic at the University Washington for almost two decades and directed the Collagen Diagnostic Laboratory, a boutique genetics diagnostic group, for nearly a quarter century. His major research interests are in the identification, characterization, and resulting clinical picture of genes and mutations underlying forms of osteogenesis imperfecta, Ehlers-Danlos syndrome, and other disorders of the extracellular matrix. He believes that genetic medicine is the most exciting place to be in medicine these days.

Thursday Keynote

Eileen T. O’Grady, PhD, RN, NP-C

Dr. O’Grady is a certified adult nurse practitioner and wellness coach. She serves as policy editor for the American Journal of Nurse Practitioners and writes a monthly column on health policy in Nurse Practitioner World News. She is currently visiting professor at Pace University’s Graduate School of Nursing in New York City where she teaches health policy and wellness coaching to doctoral students. Dr. O’Grady has authored numerous articles and book chapters on advanced practice nursing and health policy. As an active national public speaker, she creates a compelling case for nurses, especially advanced practice nurses, to engage more forcefully in the policymaking process.

Friday Keynote

Steven Gundry, MD, FAC, FACC

Dr. Gundry is medical director of the International Heart and Lung Institute in Palm Springs, California and founder and director of the institute’s Center for Restorative Medicine. Inventor of some of the most widely used heart-surgery devices, renowned as an infant heart-transplant surgeon, and one of the fathers of robotic surgery, Dr. Gundry was inspired to change the path of his career in 2001 by the reversal of coronary artery disease in an “inoperable” patient. His mission is now to help patients avoid cardiac and other surgical procedures by using dietary changes to reverse the chronic diseases of aging. Widely published in peer-reviewed journals on surgical, immunologic, genetic, nutritional, and lipid investigations and author of Dr. Gundry’s Diet Evolution, Steven Gundry is a fellow of the American College of Surgeons, the American College of Cardiology, the American Academy of Pediatrics and other professional organizations.

Comments about the Conference

- *This is the best conference I have attended due to the quality of speakers and relevant topics.*
- *Very well organized, excellent content and speakers. Great job once again.*
- *This was my first time attending this conference. I was very impressed. The keynotes were excellent!*
- *This is my 3rd time attending and I come all the way from Minnesota, so that tells you how much I like the variety of topics and the expertise of the presenters!*
- *I really enjoy the content, diversity of offerings and the professional networking with friends and colleagues.*
- *Always an excellent conference. It is the only one I attend because of the outstanding instructors and up-to-date information.*
- *Great topic selection. Lots of choices within and outside my specialty area.*

EXHIBITORS

Reserve exhibit space online!

Visit the Exhibitor Portal at uwcn.org/exhibitors.

For more information, please contact Corie Goodloe at corie@uw.edu or 206-616-3826.

Wednesday Evening—September 29, 2010

Preconference Evening Lecture

The Crowne Plaza Hotel, 1113 6th Avenue, Seattle

- 6:15 PM Coffee and Beverages
- 7:00 **The Who, What, Where, Why and How of Clinical Genetics and Genomics** *Peter H. Byers*
- 8:30 Adjourn

Thursday—September 30, 2010

- 8:00 Registration, Continental Breakfast, and Exhibits
- 8:40 **WELCOME**
- 9:00 **KEYNOTE ADDRESS**
Unleashing the Power of Advanced Practice Nursing *Eileen T. O’Grady*
- 10:00 Break, Exhibits and Poster Session
- POSTER SESSION** (10:00 AM - 5:00 PM)
Ideas for Promoting Improvements in Health Care Delivery, Education, Research and Policy
- 10:30 **CONCURRENT SESSIONS A**

Gen	A1	Developing Skills for Influence: From Practice to Politics <i>Eileen O’Grady</i>
Fam	A2	Primary Care for the Post Bariatric Surgical Patient: Avoiding Complications and Encouraging Success <i>Patricia (Pattei) Hardman</i>
Adult	R _x A3	Rings, Strings and Other Things for Postmenopausal Vaginal Dryness <i>Dorothy Cooper</i>
Gero	R _x A4	Heart Failure in Older Adults <i>Michael A. Chen</i>
Women	A5	Alternative Therapies in Women’s Health: Mastitis, Mastalgia, Bacterial Vaginosis, HPV and Other Conditions <i>Kris Somol-Hamasaki</i>
Midwif	R _x A6	Breastfeeding Beggars: Clinical Pearls from an Expert <i>Mary Ann O’Hara</i>
Peds	A7	Pediatric Environmental Health: Putting the Evidence into Practice <i>Catherine Karr</i>
Adoles	R _x A8	Unique Approaches to Adolescent Contraceptive and Abortion Care <i>Deborah Oyer</i>
Psych	R _x A9	Pharmacologic Treatment of Post Traumatic Stress Disorder (PTSD) <i>Murray Raskind</i>
Acute	A10	Pulmonary Node on Chest X-ray: The Pathway to a Pulmonary Work-up and Treatment <i>Thomas Varghese</i>
- 11:40 Lunch (on your own), Exhibits and Poster Session
- 12:15 **ARNPs United of Washington State—Annual Meeting** (*BYO brown bag lunch*). Adjourns at 1:00 pm.

R_x=Pharmacology credit (1.2 contact hours per session unless otherwise noted)

Key to Choosing Sessions

Please refer to the key at right for help in selecting sessions on Thursday and Friday. Please note, however, that many topics fall into more than one category. The coding system is simply a guide to the general orientation of content to be presented. You may switch sessions at the conference after reviewing session descriptions and objectives. **Topics designated with an “R_x” meet guidelines for pharmacology hours at the advanced practice level.**

- Acute Acute Care
- Adoles Adolescent Health
- Adult Adult Health
- Fam..... Family Practice
- Gen..... General Clinical and Professional Interest
- Gero Older Adults/Geriatric Health
- Midwif Midwifery
- Ped..... Pediatric Health
- Psych Psychiatric Mental Health
- Women..... Women’s Health

1:15 **CONCURRENT SESSIONS B**

Gen		B1	Clarifying the Controversies: New Screening Guidelines from US Preventive Services Task Force (USPSTF) <i>David Grossman</i>
Fam	R _x	B2	Addiction and Chronic Pain: Taming the Two-Headed Monster <i>Gregory Rudolf</i>
Adult	R _x	B3	Diagnosis and Treatment of Deep Vein Thrombosis <i>Robb Glenny</i>
Gero	R _x	B4	Managing Dementia in Chronic Illness <i>Kayla Brodtkin</i>
Women	R _x	B5	Challenging Contraceptive Cases <i>Anna Kaminski</i>
Midwif	R _x	B6	Antepartum Conundrums <i>Josephine (Josie) Amory</i>
Peds		B7	Genetics and Your Pediatric Practice <i>Lisa Sniderman King</i>
Adoles	R _x	B8	Type 1 and Type 2 Diabetes in the Adolescent Years <i>Joanie Warner</i>
Psych	R _x	B9	Diagnosing and Intervening in Bipolar Disorder <i>Christina Demopoulos</i>
Acute		B10	Rhabdomyolysis and Acute Renal Failure: Exploring the Mechanism of Injury and Patient Management <i>Robert Winrow</i>

2:25 Break, Exhibits, and Poster Session

2:40 **CONCURRENT SESSIONS C**

Gen		C1	The Skinny on Fats and Cardiovascular Health <i>Cindy Brinn</i>
Fam	R _x	C2	Proteinuria: Why You Should Care <i>Stuart Shankland</i>
Adult	R _x	C3	Systemic Lupus Erythematosus: Recognizing It in Your Clinic <i>Gregory Gardner</i>
Gero	R _x	C4	Managing Irritable Bowel Syndrome <i>Louis Kuritzky</i>
Women		C5	Treatment of Bartholin Cysts and Other Vaginal “Lumps” <i>Linda Vorvick</i>
Midwif	R _x	C6	Nausea and Vomiting in Pregnancy: An Evidence-Based Approach <i>Laura Denman</i>
Peds		C7	The Newborn Exam <i>Barbara Baker</i>
Adoles	R _x	C8	New Medications in the Treatment of ADHD <i>Patti Varley</i>
Psych	R _x	C9	Issues in Transgender Therapy Including Use of Hormonal Interventions <i>Lizbeth Alexander, Jana Ekdahl, Ellen M. Hardin</i>
Acute	R _x	C10	Management of Patients with Chronic Hepatitis B: A Review of Liver Pathology, Diagnostic Testing and Treatment Options <i>Thomas Amankonah</i>

3:50 Break, Exhibits, and Poster Session

4:10 **CONCURRENT SESSIONS D**

Gen		D1	Could It Be Pesticides? What Both Urban and Rural Providers Need to Know <i>Helen Murphy-Robinson</i>
Fam	R _x	D2	5TIWIKLY (Five Things I Wish I Knew Last Year) <i>Louis Kuritzky</i>
Adult		D3	Genetic Counseling and Testing for Hereditary Cancer <i>Robert Resta</i>
Gero	R _x	D4	Palliative Care Symptom Management for the Older Adult <i>Arti Tayade</i>
Women	R _x	D5	Myths, Magic and Miracles of Bioidenticals <i>Suzan Watanabe</i>
Midwif	R _x	D6	The Rebirth of an Old Medication: Progesterone Therapy for Prematurity Prevention <i>Rebecca Cypher</i>
Peds		D7	Pediatric Food Allergies <i>Thao Tran</i>
Adoles		D8	Update on Sports Concussion and Current Return-to-Play <i>Scott Laker</i>
Psych	R _x	D9	The Role of Primary Care and Psychiatry in Managing Metabolic Syndrome: Collaborative Care for Patients on an Atypical Psychotropic Medication <i>Richard Ries</i>
Acute		D10	Honing Your Neuro Assessment Skills in the Acute/Critical Care Setting: Matching the Signs and Symptoms with Diagnoses <i>Larry Murphy</i>

5:20 Adjourn

5:30 **SPECIAL INTEREST MEETING**

- **Seattle Pacific University Alumni: Informal Gathering and Networking (5:30-6:30)**
- **ACNM Chapter VI-3 Meeting (5:30-7:00)** *Kathleen Malnor (kathleenmalnor@gmail.com)*
- **School-Based Health Care Providers: Inaugural Gathering and Networking (5:30-6:30)**
Janet Cady (janetc@neighborcare.org) or Maxine Fookson (maxine.m.fookson@co.multnomah.or.us)

R_x=Pharmacology credit (1.2 contact hours per session unless otherwise noted)

Friday—October 1, 2010

7:15 Registration, Continental Breakfast, and Exhibits

7:30 CONCURRENT SESSIONS E

(R_x = 1.0 contact hour for E sessions)

Gen		E1	Thinking Outside the Box: Finding Your Niche as a Nurse Practitioner <i>Karin Heusted and Panel</i>
Fam	R _x	E2	Resistant Hypertension <i>Louis Kuritzsky</i>
Adult	R _x	E3	Type 2 Diabetes: Update on Treatment <i>Molly Carlson</i>
Gero	R _x	E4	Management of Common Urologic and Gynecologic Problems in Older Adults <i>Jean Kallhoff</i>
Women	R _x	E5	Update of 2010 STD Treatment Guidelines <i>Matthew Golden</i>
Midwif	R _x	E6	Prenatal Woes: Natural Therapies for a Less Miserable Pregnancy <i>Christina Gutierrez</i>
Peds		E7	Heart Murmurs in Children: When to Watch, When to Refer, When to Worry <i>Karen Kilian</i>
Adoles		E8	Attachment Disorders: Working with Adopted and Foster Teens <i>Mark Coen</i>
Psych	R _x	E9	Lucy and Ethel's Annual Psychiatric Consult (Bring Your Tough Cases for a Lively Discussion) <i>Susan Caverly and Patricia Wuertzer</i>
Acute	R _x	E10	Review of Anti-Arrhythmic Therapies for Atrial Fibrillation: Dronedaronone and Beyond <i>Robert Rho</i>

8:30 Break and Exhibits

8:40 **WELCOME and PRECEPTOR OF THE YEAR AWARD** *Marla Salmon*

9:00 KEYNOTE ADDRESS

Restoring Health: Isn't That What We're Supposed to Accomplish? *Steven Gundry*

10:00 Break and Exhibits

10:30 CONCURRENT SESSIONS F

Gen	R _x	F1	Lipid Modifications: There Is a Better Way <i>Steven Gundry</i>
Fam		F2	A 21st Century Epidemic? Non-Alcoholic Fatty Liver Disease (NAFLD) <i>Kris Kowdley</i>
Adult	R _x	F3	Vitamin D Deficiency: The Latest and Greatest <i>Paul Mystkowski</i>
Gero	R _x	F4	A Pragmatic Approach to Screening and Management of Prostate Cancer <i>Dimitri Kuznetsov</i>
Women		F5	Aesthetic Therapies for Facial Rejuvenation <i>Shelia Anderson</i>
Midwif	R _x	F6	Thyroid Function in Pregnancy: The Rules have Changed <i>Jennifer Lynn Gotkin</i>
Peds/ Gen		F7	Cultural Humility: Enhancing Your Interactions with Patients and Families <i>Benjamin Danielson</i>
Adoles	R _x	F8	Beyond the Basics: Advanced Assessment and Management of PCOS <i>Ann Giesel</i>
Psych	R _x	F9	Treating Benzodiazepine, Alcohol and Opiate Withdrawal in the Inpatient Setting: An Overview <i>Travis Damico</i>
Acute		F10	Radiological Review of Common and Not-So-Common Pulmonary Abnormalities <i>Embra Roper</i>

11:40 Lunch (on your own) and Exhibits

12:00 **SPECIAL SESSION FOR WASHINGTON STATE HEALTH PROFESSIONALS (12:00-1:00 PM) (1.0 contact hour)**

- **Finding Evidence for Practice through HEAL-WA.org: A Benefit of Your WA State License** *Janet Schnall*

ANNUAL MEETING (12:00-1:00 PM)

- **Washington NAPNAP Chapter Meeting**

For more information, email Loris Valeros (lvaleros@juno.com).

R_x = Pharmacology credit (1.2 contact hours per session unless otherwise noted)

1:15 **CONCURRENT SESSIONS G**

Gen		G1	Malpractice Prevention from Both Sides of the Courtroom <i>Ery McElmeel and Donna Moniz</i>
Fam	R _x	G2	Osteoporosis: Current Concepts and Pharmacology Update <i>Margaret Baker</i>
Adult	R _x	G3	Update on Asthma Management <i>Michele Hinatsu</i>
Gero	R _x	G4	Skin Problems in Older Adults: Evidence and Experience-Based Approaches to Diagnosis and Treatment <i>Claire Haycox</i>
Women		G5	GYN Exam Pearls <i>Sharon Schnare</i>
Midwif	R _x	G6	Infertility: A Toolkit for Initial Assessment <i>Madigan Speaker</i>
Peds		G7	Sleep Fragmentation in Children: Causes, Implications and Treatment Options <i>Christopher Makris</i>
Adoles		G8	Acute Shoulder Injuries in the Adolescent and Young Adult <i>Steven Anderson</i>
Psych	R _x	G9	Diagnosis and Treatment of Perinatal Mood Disorders <i>Patricia Spach</i>
Acute	R _x	G10	A Review of Adult Congenital Heart Disease and Management Challenges <i>Karen Stout</i>

2:25 Break, Exhibits and Art Show



6th ANNUAL ART SHOW: THE “ART” OF ADVANCED PRACTICE (2:25-5:00 PM)
Please share your artistic talent with your colleagues by bringing a painting, picture, tapestry, pottery, jewelry or other creation. Use the registration form to reserve display space and email cne@uw.edu by September 15 with your name, type of art, name of piece, price (if for sale), and request for a table or easel.

2:40 **CONCURRENT SESSIONS H**

Gen	R _x	H1	Vaccine-Hesitant Parents: A Toolkit for Providers <i>Wendy Rychwalski</i>
Fam		H2	Healthy, Happy and Hopefully Fertile: Impact of Smoking, Obesity, Exercise and Stress on Fertility <i>Amy Criniti</i>
Adult	R _x	H3	Sleep Difficulties: Assessment and Management <i>Diana Taibi</i>
Gero	R _x	H4	Parkinson’s Disease: Update on Pharmaceutical and Surgical Treatment Options <i>Peggy Hayner</i>
Women	R _x	H5	Beyond Yogurt: The Clinical Use of Probiotics <i>David Kiefer</i>
Midwif	R _x	H6	Psychiatric Challenges in Pregnancy: It’s Not All Depression <i>Renee Bibeault</i>
Peds	R _x	H7	No Thanks, Rene Descartes: Toward an Integrated Model of Recurrent and Chronic Pain in Children <i>Gary Walco</i>
Adoles	R _x	H8	The Female Athlete Triad: Disordered Eating, Amenorrhea and Osteoporosis <i>Margaret Baker</i>
Psych	R _x	H9	A Rationale for the Treatment of Mood Disorders in Primary Care <i>Bill Gibson</i>
Acute	R _x	H10	Essentials of Acute Care Pharmacology <i>Linda Tanagi</i>

3:50 Break and Art Show

4:10 **CONCURRENT SESSIONS J**

Gen	R _x	J1	Nuts and Bolts of Prescribing Scheduled Drugs <i>Louise Kaplan</i>
Fam	R _x	J2	Adiposopathy (Obesity 101) : It’s NOT the FAT...Here Are the Facts <i>Carol Birch</i>
Adult	R _x	J3	Renal and Ureteral Calculi: Management Update <i>James R. Downey</i>
Gero/Adult		J4	Approach to the Patient with Pulmonary Hypertension <i>Lynn M. Keenan and Stephanie J. Harris</i>
Women/Midwif		J5/6	Female Circumcision <i>Leslie Miller</i>
Peds		J7	Did This Well-Appearing Child Almost Die? Guidelines for the Management of Apparent Life-Threatening Events (ALTEs) <i>Joel S. Tieder</i>
Adoles	R _x	J8	Adolescent Drug Use: Trends and Treatment <i>Kelly Kerby</i>
Psych		J9	Keeping the Patient in Mind: Planning Psychiatric Treatment <i>Sandra Walker</i>
Acute		J10	Treatment of Anemia (title coming) <i>Terry Gernsheimer</i>

5:20 Evaluation and Adjourn

Saturday Workshop Information

LOCATION: All Saturday workshops will be held at the Washington State Convention and Trade Center.

REGISTRATION: Registration for full day and morning workshops **begins at 8:30 a.m.** Afternoon workshop registration begins at 12:45 p.m. Coffee and tea are provided at registration.

LIMITED ENROLLMENT: Some workshops have limited enrollment as indicated in the workshop description. For these workshops, early registration is strongly recommended.

CLOTHING AND EQUIPMENT: Please bring any special equipment and clothing as requested in the workshop description.

Full Day Workshops

- FD1. **Fiberglass Casting and Splinting** *Julie St. Peter* 9:00 AM - 3:15 PM
This practicum provides techniques and hands-on experience in applying short arm and short leg casts and splints and skillful use of the cast saw. Bring or wear shorts and short sleeve clothing. Limit: 24
- FD2. **Sleep Apnea: Diagnosis and Management in Primary Care Settings** 9:00 AM - 4:15 PM
R_x=1.0 *Martha Billings, Theodore Bushnell, Sina Gharib, Visvesh Kapur, Yemiserach Kijle, Carol Landis, Richard Simon*
Sleep apnea occurs in people of all ages and gender. More than 18 million adults in the United States have sleep apnea and the prevalence of childhood sleep apnea may be as high as 10-20% in habitually snoring children. Sleep apnea is associated with increased medical morbidity and neurocognitive dysfunction. Many cases of sleep apnea go unrecognized. Primary care providers play an important role in the early assessment and referral of patients for the diagnosis and management of sleep apnea. This all day workshop with a team of nationally recognized sleep specialists provides a comprehensive update on the clinical assessment and management of sleep apnea. Content includes an overview of the epidemiology of sleep apnea (obstructive and central), a review of the consequences of sleep apnea in adults and children, and current treatment for sleep apnea. Teaching methods include lecture, discussion, and case study analysis.

Morning Workshops • 9:00 AM - 12:00 PM

- AM1. **Advanced Suturing Techniques**
Robert Smithing and Madeline Wiley
This practicum on suturing techniques includes placement of horizontal and vertical mattress sutures, layered closure, flap repair and dog ears. Includes hands-on practice using artificial skin models. Requires previous experience in placement of simple interrupted sutures. Limit: 24
- AM2. **Office Orthopedics: Exam Basics and Clinical Observations Focusing on the Knee and Ankle**
Margaret Baker
This workshop reviews: 1) the functional anatomy, examination and selected special tests of the knee and the ankle; 2) principles of lower extremity evaluation and the use of pattern recognition in the diagnosis of common knee and ankle disorders; and 3) practical management strategies for knee and ankle injuries. Includes hands-on evaluation. (*May be taken alone or in sequence with PM2.*) Limit: 25
- AM3. **From Your Jeans to Your Genes: Assessing for and Treating Cardiovascular Risk Factors and Metabolic Syndrome** *Karin Heusted*
R_x=1.5
Move beyond standards of care to “optimal” care by adding primary prevention strategies to your practice. This workshop presents practical approaches to assessing risks for heart disease, stroke and diabetes and using advanced cholesterol testing and genetics to guide treatment strategies.
- AM4. **How to Order and Interpret Any Laboratory Test**
Michael Astion
This workshop presents general principles for ordering and interpreting diagnostic and screening lab tests, problems with ordering too many tests in patients who are asymptomatic or have vague complaints, and differentiating causes of abnormal test results including laboratory error and what you can do about it.
- AM5. **Evidence and Experience-Based Approaches for Detecting, Diagnosing, Treating and Managing Heart Murmurs in Older Adults**
Debra Laurent
This workshop presents 1) childhood and adult infections and disorders that can cause heart murmurs, 2) strategies for recognizing normal versus abnormal heart sounds and conducting a focused cardiac exam in older adults, 3) common age-related changes in heart and valve structure and function, 4) selection and interpretation of diagnostic tests for heart murmurs in older adults, 5) treatment and management of heart murmurs in older adults, and 6) practice pearls for detecting, identifying and diagnosing systolic and diastolic heart murmurs and chronic conditions commonly identified with these murmurs. Teaching methods include lecture, demonstration and case studies.

Morning Workshops • 9:00 AM - 12:00 PM

- AM6. **Fundamentals of Reading the 12 Lead EKG: Part I**
Suzy Meader
This workshop presents the fundamentals used to dissect the 12 lead EKG. Focus is on changes in various waves and segments that identify axis, atrial and ventricular hypertrophy, bundle branch and hemiblocks, as well as, selected electrolyte abnormalities. A systematic approach for analyzing a 12 lead ECG with practice strips will be provided. (*Prerequisite: None. May be taken alone or in sequence with PM6.*) Limit: 40
- AM7. **Understanding Hypnosis: Scientific Clarification and Enhancing Clinical Outcomes**
Lisa Geiger
Hypnosis has been recognized by the AMA since 1958 as a healing modality, acknowledging its ongoing contribution to dramatic and lasting outcomes in both psychological and physiological domains. Hypnosis is a remarkable vehicle for tapping into realms of human potential and awareness that can facilitate and generate mind-body healing. This workshop addresses the neurophysiology of hypnosis as well as applications to chronic pain, chronic disease, anxiety, depression, stress management, weight management, smoking, fears, phobias, and compulsive habits. Experience a group hypnosis induction, deepening, and awakening first hand. Format: didactic and experiential. BRING AN OPEN MIND.
(*Prerequisite: None. May be taken alone or in sequence with PM7.*) Limit: 40
- AM8. **IUD Insertion Workshop**
R_x=3.0 *Sharon Schnare*
This workshop presents an update on intrauterine contraception including counseling skills, identification and assessment of appropriate candidates, and practice of proper insertion techniques using pelvic models. Limit: 35
- AM9. **Things You've Wanted or Needed to Know about Coding but Didn't Know Who to Ask**
Debbie Elliot
Work smarter, not harder, to receive the reimbursement you have earned and that allows you to continue to deliver quality patient care while adhering to Medicare's billing compliance standards. Among other things, learn how to be Medicare-compliant when billing according to the "Incident To" rules, how (and when) to bill a "Split Visit", and how to use "Time" when coding and billing your visit.
- AM10. **Foot Problems and Procedures in Older Adults**
R_x=1.0 *Julia Overstreet*
This didactic workshop focuses on lower extremity dermatology and common foot problems associated with neuro, vascular, and musculoskeletal system pathologies. Assessment strategies and treatment options are included. Teaching methods include lecture, discussion and demonstration. This workshop may be taken alone or in sequence with the afternoon workshop, PM10, which is a hands-on foot care practicum with limited enrollment.
(*AM10 is a prerequisite for PM10. Enrollment in AM10 is not limited. Enrollment in PM10 is limited to 30.*)
- AM11. **Breastfeeding**
Ginna Wall
This workshop presents practical approaches and tricks of the trade for primary care providers to help mothers with breastfeeding and pumping issues. The workshop will build your confidence in coaching and working with moms who are trying to breastfeed.

Afternoon Workshops • 1:15 PM - 4:15 PM

- PM1. **Geriatric Assessment and Medication Management: A Case-Based Approach for Selection of Assessment Tools and Systematic Review of Polypharmacy**
R_x=1.0 *Eric Troyer*
This workshop uses a case-based approach to selecting appropriate geriatric assessment tools and principles for review of medications for older adults. Topics include principles for choosing appropriate assessment tools, assessing polypharmacy for drug interactions, and appropriate lab tests for initial and ongoing monitoring of effectiveness and safety in medication management.
- PM2. **Office Orthopedics: Exam Basics and Clinical Observations Focusing on the Shoulder and Hip**
Margaret Baker
This workshop reviews: 1) the functional anatomy, examination, and selected special tests of the shoulder and hip; 2) principles of evaluation and the use of pattern recognition in the diagnosis of common shoulder and hip disorders; and 3) practical management strategies for shoulder and hip injuries. Includes hands-on evaluation. (*May be taken alone or in sequence with AM2.*) Limit: 25

Afternoon Workshops • 1:15 PM - 4:15 PM

- PM3. (Draft)
The New DDD Assessment: What It Means to You
Dan Peterson
The DDD Assessment is a new tool adopted in 2007 by the Washington State Division of Developmental Disabilities (DDD) for measuring the unique needs of people with developmental disabilities. The tool collects standardized information for use in creating individual support plans across a broad spectrum of life areas and activities. Workshop topics include an overview of DDD, the enrollment process with a hands-on exercise, brief assessment strategies, potential services for children and adults, nurse delegation, taking a systems approach to patient care, and community resources.
- PM 4. **Management of Abnormal Pap Smears Beyond the Consensus Guidelines** *Shelley Miksis*
This workshop reviews the science underlying the American Society for Colposcopy and Cervical Pathology (ASCCP) consensus guidelines for the management of abnormal Pap smears and preinvasive cervical lesions. A case-based approach will be utilized to illustrate the application of these guidelines in individual cases. Particular attention will be paid to complicated cases which may not clearly follow the consensus guidelines.
- PM5. **Care of the Patient with Type 2 Diabetes: Advances in Evidence-Based Diagnosis, Management and Evaluation, and the 2010 Clinical Practice Recommendations**
Linda Haas
This workshop reviews changes in the American Diabetes Association 2010 Clinical Practice Recommendations regarding early detection of patients at risk for diabetes, diagnosis of diabetes, testing, complication avoidance, amelioration of target organ damage, facilitation of diabetes self care, and management strategies for patients with type 2 diabetes. Guidelines for medical care and the implications of using different approaches with select populations (particularly adult, older adult, and the old/old) are highlighted. Practical strategies for addressing challenging patient care situations and take-home practice pearls that maximize efficiency and effectiveness of advanced practice patient management of this rapidly expanding patient population, are shared.
- PM6. **Fundamentals of 12 Lead EKG Interpretation: Recognizing Ischemia, Injury & Infarction: Part II**
Suzy Meader
This workshop builds on fundamentals learned in the morning workshop, AM6, and provides in-depth focus on typical EKG changes seen in myocardial ischemia, injury, and infarction. Practice strips and case studies will be presented. (*Prerequisite: Learner must have solid fundamentals of reading the basic EKG or be taking the workshop in sequence with AM6.*) Limit: 40
- PM7. **Experiencing Hypnosis: Towards a Deeper Understanding Through Experience**
Lisa Geiger
This advanced workshop will allow you to discover the dynamic uses of hypnosis through personal exploration. Experience different types of hypnotic suggestions as a means to greater self-awareness and as an opportunity for profound relaxation. The intriguing experiential qualities of hypnosis as a phenomenon include: heightened awareness, enhanced focused attention and increased receptivity to suggestions. During this workshop, as you are experiencing a natural parasympathetic state of deep relaxation, you will be offered positive hypnotic suggestions from a variety of different perspectives including direct, indirect, metaphorical and Ericksonian styles. Bring a mat or blanket to optimize your comfort. *Prerequisite: AM7 (or equivalent workshop in the past 2 years).* Limit: 40
- PM8. **Endometrial Biopsy (EMB)**
Sharon Schnare
This workshop is a didactic and hands-on training on techniques of endometrial sampling, including how and when to perform an endometrial biopsy and what to do with the results. Please bring a tenaculum, a Pederson speculum, and 4 large scopettes. Limit: 24
- PM9. **Genital Dermatology Update: Red, White and Brown Lesions that Give Women the Blues**
Erin Mabony
This didactic workshop presents an overview of female genital dermatology including 1) evaluation, diagnosis and management of vulvar lesions and other dermatologic conditions, 2) diagnostic and therapeutic procedures, 3) when, what, and how to biopsy, and 4) when to refer.
- PM10. **Foot Problems and Procedures in Older Adult: Practicum** *Julia Overstreet*
The afternoon hands-on workshop familiarizes participants with instruments and tools commonly used in performing foot care for older adults. We perform a basic foot exam on volunteers within the class. Then each class member practices using instruments and tools on various materials that simulate tissues. At the end, strategies for debriding nails and calluses are demonstrated on class participants who volunteer to be subjects. Instruments are provided for use during workshop.
Prerequisite: AM10. Limit 30

Lizabeth Alexander, PhD.....C9
Senior Research Scientist and Research Consultant, National Laboratory, Richland

Thomas Amankonah, MD.....C10
Transplant Hepatologist, Director of Liver Program, Organ Transplant Department, Swedish Medical Center, Seattle

Josephine Amory, MD.....B6
Perinatologist, Swedish Perinatal Medicine; Clinical Faculty, School of Medicine, UW

Shelia Anderson, MSN, RN.....F5
Aesthetic Nurse Injector, The Larrabee Center for Facial Plastic Surgery, Seattle

Steven J. Anderson MD.....G8
Physician, Private Practice, Sports Medicine; Clinical Professor, Department of Pediatrics, UW

Michael Astion, PhD, MD.....AM4
Professor and Director of Reference Laboratory Services, Laboratory Medicine, School of Medicine, UW

Barbara Baker, MN, ARNP, IBCLC.....C7
Pediatric Nurse Practitioner, Newborn and Progressive Care Nursery, UWMC; Teaching Associate, Pediatrics, UW

Margaret Baker, MD, FAAOS, FACS.....G2, H8, AM2, PM2
Orthopedic Surgeon, The Center for Bone & Joint Surgery, Port Angeles; Adjunct Assistant Professor of Surgery, Uniformed Services, University of Health Sciences, Bethesda, MD

Renee Bibeault, _____.....H6

Martha Billings, MD.....FD2
Research Fellow, Division of Pulmonary and Critical Care Medicine, School of Medicine, UW

Carol A. Birch, MSN, ARNP, FNP-BC, ABBM-BC.....J2
ARNP, Medical and Surgical Bariatric Clinic, Swedish Weight Loss Services, Seattle

Cindy Brinn, MPH, RD, CDE, BC-ADM.....C1
Clinic Manager and Diabetes Educator, St. Joseph Hospital Nutrition and Diabetes Clinic, Bellingham

Kayla Brodtkin, MD.....B4
Director, Geriatric Ambulatory Care and Education; Staff Physician, VAPSHCS; Associate Professor, Medicine, UW

Theodore E. Bushnell, MD.....FD2
Clinical Assistant Professor, Department of Neurology, School of Medicine, UW

Peter H. Byers, MD.....Wed evening
See Featured Speakers (p. 3)

Molly Carlson, MD.....E3
Physician, Poly Clinic, Seattle

Susan Caverly, PhD, ARNP.....E9
Nurse Practitioner, Therapeutic Health Services and Private Practice; Clinical Faculty, Psychosocial and Community Health, School of Nursing, UW

Michael A. Chen, MD, PhD.....A4
Assistant Professor, Cardiology, Medicine, HMC/UW

Mark Coen, MSW, CAMHS.....E8
Child and Adolescent Mental Health Specialist, Attachment Center, NW, Kirkland

Dorothy Cooper, MN, ARNP.....A3
Adult and Women's Health Care Nurse Practitioner Director & Lecturer, Family and Child Nursing, School of Nursing, UW

Amy Criniti, MD.....H2
Physician, Reproductive Endocrinology and Infertility (REI) Specialist, Seattle Reproductive Medicine, Seattle

Rebecca Cypher, MSN, PNNP.....D6
Perinatal Clinical Specialist, Department of OB-GYN, Madigan Army Medical Center, Tacoma

Travis Damico, MN, ARNP.....F9
Nurse Manager, Behavioral Health, Swedish Ballard, Seattle

Benjamin Danielson, MD.....F7
Pediatrician, Medical Director, Odessa Brown Clinic; Medical Director, Garfield High School Teen Center, Seattle

Christina Demopoulos, MD.....B9
Psychiatrist, Center for Anxiety and Depression, Mercer Island

Laura Denman, _____.....C6

James R. Downey, MD.....J3
Urologist, Urology North West, Mountlake Terrace

Jana Ekdahl, MA, LMHC.....C9
Psychotherapist and Gender Specialist, Private Practice, Seattle

Debbie Elliott, RHIT, CCS-P.....AM9
Senior Coding Consultant, Group Health Cooperative, Seattle

Gregory Gardner, MD.....C3
Professor, Rheumatology, School of Medicine; Adjunct Professor, Orthopaedic Surgery & Rehabilitation Medicine, UW

Lisa F. Geiger, MN, ARNP, BCH.....AM7, PM7
FNP and Board Certified Hypnotherapist, Vital Capacity, LLC, Edmonds

Terry Gernsheimer, MD.....J10
Director, Medical Education, Puget Sound Blood Center; Associate Professor of Medicine, Hematology, UW

Sina Gharib, MD.....FD2
Assistant Professor, Department of Medicine, School of Medicine, UW

Bill Gibson, PhD, CNS-APMH-BC, ARNP.....H9
Psychiatric Nurse Practitioner and Psychologist, Pullman Regional Network Clinics, LLC; Faculty, Health and Wellness, Washington State University, Pullman

Ann Giesel, MD.....F8
Chief, Pediatric and Adolescent Medical Gynecology Clinic, Seattle Children's Hospital; Clinical Associate Professor, Adolescent Medicine, UW; Medical Director, Juvenile Detention and Country Doctor, Seattle

Robb Glenn, MD.....B3
Professor of Medicine, Physiology and Biophysics, Department of Medicine, UW

Matthew Golden, MD, MPH.....E5
Director, PHSKC HIV/STD Program; Associate Professor, Medicine, UW Center for AIDS and STD, HMC

Jennifer Lynn Gotkin, DO/MFM.....F6
Chief, Antenatal Diagnostic Center; Assistant Fellowship Director, Maternal-Fetal Medicine; Staff Perinatologist, US Army Madigan Army Medical Center, Tacoma

David Grossman, MPH, MD.....B1
Senior Investigator, Group Health Research Institute; Medical Director, Preventive Care, Group Health Cooperative

Steven Gundry, MD, FAC, FACC.....Fri Keynote, F1
See Featured Speakers (p. 3)

Christina Gutierrez, ND, LM.....E6
Naturopathic Physician and Licensed Midwife, Ground Floor Health, Seattle

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UWMC=UW Medical Center, Seattle • VAPSHCS=VA Puget Sound Health Care System, Seattle • VMHC=Virginia Mason Medical Center, Seattle*

Linda Haas, PhC, RN, CDE PM5
Endocrinology Clinical Nurse Specialist; VAPSHCS; Clinical Nurse Advisor, VHA Office of Nursing Services, WA, DC; Assistant Clinical Professor, School of Nursing, UW

Patricia (Patei) Hardman, MN, RN, ARNP A2
NP/Clinical Coordinator, Center for Bariatric Surgery, UWMC

Ellen Hardin, MD C9
Physician, Internal Medicine, Group Health Cooperative, Tacoma

Stephanie J. Harris, BSN, RN J4
Nurse Coordinator, Pulmonary Vascular Disease Program, UWMC

Claire Haycox, PhD, MD G4
Dermatologist and Owner, Valley Dermatology, Sequim; Associate Professor, Dermatology, Medicine, UW

Peggy Hayner, MSN, ARNP H4
Lead Nurse Practitioner, Deep Brain Stimulation Program, Swedish Neuroscience Institute, Seattle

Karin Heusted, MN, ARNP E1, AM3
ARNP, Pacific Nutrition and Wellness, Edmonds

Michele Hinatsu, MN, ARNP G3
Nurse Practitioner, NW Asthma and Allergy Center, Seattle

Jean Kallhoff, MN, ARNP E4
Nurse Practitioner, Urogynecology Clinic, UWMC

Anna Kaminski, MD B5
Associate Medical Director, Planned Parenthood of the Great Northwest, Seattle

Louise Kaplan, PhD, ARNP J1
Associate Professor, Washington State University College of Nursing; FNP, Clinic at Elma, Elma

Vishesh Kapur, MD FD2
Medical Director, UW Medicine Sleep Disorders Center, HMC; Associate Professor, Division of Pulmonary and Critical Care Medicine, School of Medicine, UW

Catherine Karr, MS, PhD, MD, FAAP A7
Director, Pediatric Environmental Health Specialty Unit; Assistant Professor, Dept of Pediatrics; Adjunct, Department of Environmental and Occ. Health Sciences, Occ. Env. Med. Program, UW

Lynn M. Keenan, MD, FACP, FCCP J4
Physician, Northwest Respiratory Associates; Affiliate Associate Professor, Pulmonary Critical Care, UW

Kelly Kerby, MA, LMHC, CDP J8
Chemical Dependency Counselor, Seattle Children's Hospital; Clinical Supervisor, Adult Chemical Dependency Program, Matt Talbot Center, Seattle

David Kiefer, MD H5
Clinical Instructor, Family Medicine, UW; Adjunct Faculty, School of Naturopathic Medicine, Bastyr University, Kenmore; Clinical Assistant Professor, Medicine, University of Arizona, Arizona

Yemiserach Kifle, MD FD2
Co-Director, Sleep Medicine Program, Seattle Children's Hospital; Assistant Professor, Pediatric Pulmonary and Sleep, School of Medicine, UW

Karen Kilian, MN, ARNP, CCRN E7
Pediatric Nurse Practitioner, Emergency Department, Seattle Children's Hospital

Kris Kowdley, MD, FACP, FACG, FASGE, AGAF F2
Program Director, Liver Center of Excellence, VMMC; Clinical Professor, Medicine, UW

Louis Kuritzky, MD C4, D2, E2
Clinical Assistant Professor, Community Health and Family Medicine, University of Florida, Gainesville, FL

Dimitri Kuznetsov, MD F4
Urologist, Jefferson Health Care, Port Townsend

Scott Laker, MD D8
Clinical Assistant Professor, Rehabilitation Medicine, UW

Carol Landis, DNSc, RN, FAAN FD2
Professor, Department of Biobehavioral Nursing and Health Systems, School of Nursing, UW

Debra Laurent, MN, ARNP, ACNP AM5
Cardiology and Acute Care Nurse Practitioner, Seattle Cardiology; Clinical Assistant Professor, Biobehavioral Nursing and Health Systems, School of Nursing, UW

Erin Mahony, CNM, ARNP PM9
ARNP, UW Women's Health Care Center, Seattle and the Everett Clinic, Gynecology, Everett

Christopher Makris, MPH, MD G7
Professor, Pulmonary, Pediatrics; Co-Director Pediatric Sleep Medicine Program, Seattle Children's Hospital

Suzu Meader, MN, ACNP, ARNP, CCRN-CSC AM6, PM6
Cardiothoracic Surgery Nurse Practitioner, Overlake Hospital, Bellevue

Shelley Miksis, DNP, ARNP PM4
Adult and Women's Health Care Nurse Practitioner, Northwest Women's Health Care, Seattle

Leslie Miller, MD J5/6
OB/GYN, Ballard Swedish Hospital; Physician, North Seattle Women's Specialists, Seattle

Donna Moniz, MN, RN, JD G1
Attorney, Johnson, Graffe, Keay, Moniz and Wick, LLP; Clinical Assistant Professor, UW

Helen Murphy-Robinson, BSRN, MHS, FNP D1
Director of Outreach and Education, Pacific NW Agricultural Safety and Health Center, School of Public Health, UW

Larry Murphy, MD D10

Paul Mystkowski, MD F3
Endocrinologist, Overlake Internal Medicine Associates, Bellevue

Evy McElmeel, RN, JD G1
Attorney, Law Office of Evy McElmeel; Lecturer, Seattle Pacific University, Seattle University and University of Washington, Schools of Nursing, Seattle

Eileen T. O'Grady, PhD, RN, NP-C Thurs Keynote, A1
See Featured Speakers (p. 3)

Mary Ann O'Hara, MPH, MSt, MD, FABM A6
Director, Seattle Breastfeeding Medicine; Clinical Assistant Professor, Family Medicine Residency Network, UW; Co-Chair, Breastfeeding Coalition of Washington, Seattle

Julia Overstreet, DPM, FAPWCA, FAPMSB AM10, PM10
Podiatric Physician and Surgeon and Wound Care Specialist; Director, Rainier Medical Education Programs, Redmond

Deborah Oyer, MD A8
Medical Director, Aurora Medical Service; Assistant Professor, Department of Family Medicine and OB/GYN, UW

Dan Peterson PM3
Mental Health Resource Manager, Division of Developmental Disabilities Region IV, Department of Social and Health Services

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UWMC=UW Medical Center, Seattle • VAPSHCS=VA Puget Sound Health Care System, Seattle • VMMC=Virginia Mason Medical Center, Seattle*

Murray Raskind, MDA9	Arti Tayade, MDD4
Director, UW Alzheimers Disease Research Center; Director, MIRECC, VA PSHCS; Professor, Psychiatry and Behavioral Sciences, Medicine, UW	Medical Director, Community Living Center, Puget Sound Veterans Administration Health Care Systems; Clinical Instructor, UWMC
Robert Resta, MS, CGCD3	Joel S. Tieder, MPH, MDJ7
Director, Hereditary Cancer Clinic, Swedish Cancer Institute, Seattle	Pediatric Hospitalist, Seattle Children’s Hospital; Physician Research, Clinical Effectiveness ; Chairman, Society of Hospital Medicine and AAP SOHM ALTE Expert Panel
Robert Rho, MDE10	Thao Tran, MDD7
Associate Professor, Cardiology, UW; Director, Cardiac Electrophysiology Ablation Program, UWMC	Attending, Northwest Asthma and Allergy Clinic; Clinical Faculty, Dept of Medicine, Division of Allergy and Infectious Disease, UW
Richard Ries, MDD9	Eric Troyer, MD, CMDPM1
Medical Director, Outpatient Psychiatry and Addictions Program, HMC; Professor and Director of Division of Addictions, Psychiatry, School of Medicine, UW	Primary Care Geriatrician, Providence ElderPlace; Medical Director, Evercare Washington; Medical Director, Careage Home Health Agency; Assistant Clinical Professor, Medicine, UW; President, Washington State Medical Directors Association
Embra Roper, MDF10	Thomas Varghese, MDA10
Pulmonologist, Critical Care, Internal Medicine, Poly Clinic; Co-Director, Critical Care, Swedish Medical Center, Seattle	Associate Professor, Division of Cardio-Thoracic Surgery, UW; Director of Thoracic Surgery, HMC
Gregory Rudolf, MDB2	Patti Varley, MN, ARNP, CNSC8
Medical Director, Highline Addiction Recovery Center; Physician, Swedish Pain and Headache Center, Seattle	Psychiatric Clinical Nurse Specialist, Seattle Children’s Hospital; Clinical Faculty, FCN & PCH, School of Nursing, UW
Wendy Rychwalski, DNP, ARNPH1	Linda Vorvick, MDC5
Neonatal Intensive Care Staff Nurse, Seattle Children’s Hospital	Lecturer, MEDEX, NW Division of PA Studies; Seattle Site Didactic Coordinator; Writer, Milliman Care Guidelines, Seattle
Janet Schnall, MS, AHIPSpecial session	Gary Walco, PhDH7
Information Management Librarian, Health Sciences Library and Information Center; Affiliate Instructor, Department of Biobehavioral Nursing and Health Systems, School of Nursing, UW	Director of Pain Medicine, Seattle Children’s Hospital; Professor, Anesthesiology; Adjunct Professor, Pediatrics and Psychiatry, School of Medicine, UW
Sharon Schnare, MSN, CNM, FNP, FAANPG5, AM8, PM8	Sandra Walker, MDJ9
FNP, South Kitsap Family Care Clinic, Port Orchard	
Stuart Shankland, MD, FRCPC, FASN, FAHA, FACPC2	Ginna Wall, MN, RN, IBCLCAM11
Professor of Medicine, Belding H. Scribner Endowed Chair in Medicine; Head, Division of Nephrology, Department of Medicine, UW	Lactation Services Coordinator, UW Medical Center; Faculty, Evergreen Perinatal Education; Clinical Faculty, Bastyr University and UW
Richard D. Simon, Jr, MDFD2	Joanie Warner, MSN, ARNPB8
Clinical Assistant Professor, Department of Medicine, School of Medicine, UW; Medical Director, Kathryn Severyns Dement Sleep Disorders Center, Providence St. Mary Medical Center, Walla Walla	Nurse Practitioner, Endocrinology, Seattle Children’s Hospital
Robert Smithing, MSN, ARNPAM1	Suzan Watanabe, MN, ARNP, CNMD5
President, NP Central www.npcentral.net; FNP and Partner, FamilyCare of Kent; Clinical Faculty, Nursing, UW	Women’s Health Nurse Practitioner, Private Practice; Adjunct Faculty, School of Nursing, Seattle University, Seattle
Lisa Sniderman-King, MSc, CGCB7	Madeline Wiley, MSN, ARNPAM1
Sr Liaison, Medical Affairs; Certified Genetic Counselor, Personalized Genetic Health, Genzyme Corporation	FNP and Managing Partner, FamilyCare of Kent; Clinical Faculty, School of Nursing, UW
Kris Somol-Hamasaki, NDA5	Robert M. Winrow, MDB10
Naturopathic Physician, Sound Family Medicine, Bastyr Center for Natural Health; Adjunct Academic and Clinical Faculty, Bastyr University, Kirkland	Nephrologist, Minor and James Medical; Medical Director, Snoqualmie Ridge Kidney Center, Northwest Kidney Centers; Clinical Instructor, Division of Nephrology, UW
Patricia Spach, MN, ARNPG9	Patricia Wuertzer, MSN, ARNPE9
Psychiatric NP and Maternal Mental Health Specialist, Country Doctor Community Clinic-Maternal Mental Health Program and Navos Inpatient Psychiatry Service, Seattle	Nurse Practitioner, Private Practice, Kirkland; Associate Clinical Professor, School of Nursing, UW
Julie St Peter, RT(R), OTCFD1	Madigan SpeakerG6
Orthopedic Technologist, NW Orthopedic Physicians, Issaquah	
Karen Stout, MDG10	
Assistant Professor, Medicine/Cardiology and Pediatric/ Cardiology, UW	
Diana Taibi, PhD RNH3	
Assistant Professor, Department of Biobehavioral Nursing and Health Systems, School of Nursing, UW	
Lynda Tanagi, PharmDH10	
Clinical Pharmacist, UWMC Pharmacy Services; Clinical Associate Professor, Department of Pharmacy, School of Pharmacy, UW	

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 UWMC=UW Medical Center, Seattle • VAPSHCS=VA Puget Sound Health Care System, Seattle • VMCC=Virginia Mason Medical Center, Seattle

Professional Credit

■ NURSE PRACTITIONERS AND NURSES

Contact hours: Up to 21.6 contact hours will be awarded for Wednesday-Saturday. Wednesday only=1.5, Thursday only=6.3, Friday only=7.8, Saturday only=6.0 for 2 half-day workshops or 1 full-day workshop (3.0 for one half-day workshop).

Pharmacology: Up to 18.1 contact hours in pharmacology are available during the conference. “R_x” designates sessions which meet Washington State guidelines for pharmacology at the advanced practice level.

- The University of Washington School of Nursing (UWSON) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
- The UWSON is approved as a clock hour provider by the Washington State Board of Education.
- Provider is accredited by the California Board of Registered Nursing, Provider #07218, for 21.6 contact hours.

■ CERTIFIED NURSE MIDWIVES

All sessions are approved for Category 1 Continuing Medical Education (CME) credit. (See Physicians below.) Registration for Cat. I will be available at the conference for an **additional fee of \$38 payable to CME.**

■ PEDIATRIC NURSE PRACTITIONERS

The National Certification Board of Pediatric Nurse Practitioners and Nurses (NCBPNP/N) recognizes contact hours awarded by programs accredited by the American Nurses Credentialing Center (ANCC).

■ PHYSICIANS AND PHYSICIAN ASSISTANTS

Registration for Category 1 will be available at the conference for an **additional fee of \$38 payable to University of Washington Continuing Medical Education.**

- This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Washington School of Medicine and the UWSON. The University of Washington School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.
- The University of Washington Continuing Medical Education designates this educational activity for a maximum of *21.0 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

■ PSYCHOLOGISTS AND SOCIAL WORKERS

This offering meets requirements for 21.6 clock hours. The UWSON qualifies as a Washington State CE program sponsor under WAC 246-924-240(1) for psychologists and WAC 246-809-610 for social workers and counselors.

■ SCHOOL NURSES

The UWSON is an approved clock hour provider in Washington State.

Session Handouts Are Going Green!

Handouts will be online at UWCNE.ORG (Conference registrants only)

- Save a tree by printing only the handouts you want for the conference.
- Handouts will be online from September 8 - December 31, 2010.
- We will supply a booklet with the program schedule, session descriptions and pages for note-taking.
- The password for the handout website will be sent with your confirmation letter.
- Saturday workshop registrants will receive printed handouts at check-in on Saturday.
- Saturday workshop handouts will not be available online or on the CD.

Bound Syllabus (Optional)

- A bound syllabus can be **pre-ordered** for \$25 per day to pick up at the conference. Deadline for syllabus orders is September 8.

CD of Handouts

- A free CD containing Wed-Fri handouts will be available at check-in. To help reduce plastic waste, if you do not want a CD, please check “No” on the registration form.

Registration Information

University of Washington • Continuing Nursing Education (UWCNE)

Box 359440, Seattle, WA 98195-9440

PH: 206-543-1047 • FAX: 206-543-6953 • EMAIL: cne@uw.edu • WEB: uwcne.org

Enrollment for some sessions may be limited due to room size. Many Saturday workshops have limited enrollment. Student and UW faculty discounts are not available for Saturday workshops. **Early registration is advised.**

Registration fees include tuition, web access to handouts from Sept 8-Dec 31 a conference booklet, a CD of handouts, access to exhibits, and continental breakfast on Thursday and Friday. On-site registration will be accepted on a space available basis.

Wednesday Evening Lecture	\$ 20
Thursday and Friday	\$395
Thursday only or Friday only	\$265
Saturday full day workshop.....	\$265
Two Saturday half day workshops (AM & PM).....	\$265
One Saturday half day workshop (AM OR PM).....	\$165
Bound handouts for Wed-Fri (optional).....	\$ 25/day
CD of Wed-Fri handouts (Check yes or no to indicate if you want a CD)	Free

Students: A 50% discount is available for advanced practice students who register for Wed, Thurs, and/or Fri. The discount is not available for Saturday workshops. A student ID is required at check-in.

CNMs, PAs, MDs: Optional registration for Category 1 CME credit is available for \$38. See information under Professional Credit for more details.

Refund Policy: If you register but are unable to attend, you may send a substitute or obtain a refund less \$50 for handling by submitting a written request to UWCNE **prior** to the conference.

Saturday Workshops: Due to the popularity of workshops and limited workshop enrollment, **no refunds for workshops will be granted after September 28, 2010.** Substitutes will be accepted at all times.

Washington State Convention Center

800 Convention Place (8th Avenue and Pike Street), Seattle, WA 98101-2350

Directions and parking information will be sent with confirmation of registration.

Wi-Fi Access: Limited access in public areas only. Power is not available in conference rooms.

Hotel Information: Crowne Plaza Hotel • 1113 6th Avenue, Seattle, WA 98101

1-888-253-9527 or 206-464-1980 • Two blocks south of the WSC C

\$149 single/double plus 15.6% state tax. Hotel parking is \$24 plus tax/day.

Reservations must be made by September, 6, 2010 to ensure receiving discounted rates. Ask for the **Advanced Practice Conference** room block.

Child Care: In consideration of other participants and speakers and because sessions are recorded, please do not bring infants/children into conference sessions.

Pacific Northwest 33rd Annual National Conference

ADVANCED PRACTICE IN PRIMARY & ACUTE CARE

September 29 - October 2, 2010 • Seattle, Washington

Conference #10130-A-C • 21.6 contact hours

Three easy ways to register!

Web: Register online at uwcne.org

Fax: 206-543-6953

Mail: UW Continuing Nursing Education • Box 359440, Seattle, WA 98195-9440

PLEASE PRINT CLEARLY

NAME _____

HOME ADDRESS _____

CITY _____ ST _____ ZIP _____

DAY PHONE _____ EMAIL _____

AGENCY _____

AGENCY CITY _____ ST _____ ZIP _____

SESSION SELECTION

Wednesday Evening Lecture

7:00 PM Yes No Lecture at Crowne Plaza Hotel

Thursday Session Choice

8:40 AM Welcome and Keynote

10:30 AM A _____ *Enter session number. (Example: A1)*

Poster Session

Abstracts are due August 29. Submit online at uwcne.org

Yes No I plan to present a poster.

12:15 PM Yes No ARNPs United of Washington Meeting

1:15 PM B _____

2:40 PM C _____

4:10 PM D _____

5:30 PM Yes No Seattle Pacific University Alumni

5:30 PM Yes No Annual Meeting: ACNM Chapter VI-3

5:30 PM Yes No School-Based Health Care Providers

Friday Session Choice

7:30 AM E _____

8:40 AM Welcome and Keynote

10:30 AM F _____

12:00 PM Yes No Special Session: HEAL-WA

12:00 PM Yes No Annual Meeting: NAPNAP Chapter

1:15 PM G _____

2:25 PM Art Show: I am bringing art to display. Yes No

2:40 PM H _____

4:10 PM J _____

Saturday 1st Choice 2nd Choice

Full-Day FD _____ FD _____

Morning AM _____ AM _____

Afternoon PM _____ PM _____

YOUR PRIMARY POSITION

Nurse Practitioner:

Specialty: _____

Certified Nurse Midwife

Clinical Nurse Specialist

Physician

Physician Assistant

CRNA

Educator

Clinic/Staff Nurse

School Nurse

Psychologist

Student

Other _____

Your Highest Degree(s):

Are you a UW Alum?

Yes No

Have you been a preceptor for an advanced practice student (in any program in any state) within the past year?

Yes No

CONFERENCE TUITION & FEES *(Check all that apply.)*

Tuition for Wednesday-Friday, Sept 29-Oct 1

Wednesday evening lecture, Sept 29 \$ 20

Thursday and Friday, Sept 30-Oct 1 \$ 395

Thursday only, Sept 30 \$ 265

Friday only, Oct 1 \$ 265

Student rate (Thurs/Fri only) Take 50% discount

School: _____ *(Bring valid Student ID)*

Bound Handouts for Wednesday-Friday:* *(Optional)*

Must be pre-ordered by September 8 for pick up at conference.

Thursday only \$ 25

Friday only \$ 25

CD of Handouts:* *(Free) To reduce waste, check your preference.*

I would like a free CD of handouts..... Yes No

Saturday Workshops, Oct 2

Student/UW faculty discounts are not available for workshops.

Full day workshop (FD1 or FD2) \$ 265

Two half day workshops (one AM and one PM) \$ 265

One half day workshop (AM or PM) \$ 165

Saturday tuition includes printed handouts for your workshop.

TOTAL PAID (U.S. Funds)..... \$ _____

Check enclosed payable to: *University of Washington*

Purchase order/authorization enclosed. Please bill my agency.

Contact name/phone: _____

UW Budget #: _____

UW Budget Name: _____

Charge my credit card: VISA MC Exp. Date: _____

Acct # _____

***SESSION HANDOUTS**

Handouts will be available at uwcne.org from Sept 8-Dec 31, 2010 for registrants to print. A password to the handout area will be in your confirmation letter. **For more details, please see "Session Handouts Are Going Green," in the box on page 14.**

Box 359440
Seattle, WA 98195-9440

09-9674 130

The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance of the conference at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 (FAX), or dso@u.washington.edu.



UNIVERSITY OF WASHINGTON SCHOOL OF NURSING

Advanced Practice in Primary and Acute Care

Wednesday-Saturday • September 29-October 2, 2010

Washington State Convention Center
Seattle, Washington

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